

## ***Biological Decoding of Illness***

Biological Decoding is a relatively new area of alternative medicine, based on the work of Dr. Hamer who examined over 35,000 patients with all manner of cancers and disease. It is now gaining wider acceptance among NDs and psychologists. I have been using it in combination with Rapid Eye Therapy with great success for the last 4 years. The process is one of determining the traumatic or defining situation or circumstances that triggered the body to react by instigating certain biological processes that are causing imbalance or illness. The body attempts to support a person based on the trauma that it interprets—the reactions occur at unconscious levels, and the processes generally go undetected until they manifest as full-blown symptoms and conditions.

A condition will become chronic if the underlying issues remain unresolved. But if the causative factors can be known, they can then be cleared using emotional release techniques (e.g. RET, EFT, etc.), and physical healing and symptom amelioration can be assisted with further energy healing (hands-on therapies or distance healing). Some examples of causes of illness are listed below. (Please note, I have only listed the general conflicts and do not provide the brain's perfect solution, which triggers the biological processes, as this information is rather technical in nature.)

**Bronchial Asthma:** panic or fear for the territory—the sense of an adversary lurking about one's territory (e.g. may be a conflict with a boss with the threat of being fired or a colleague who may be eyeing your job).

**Laryngeal Asthma:** fear or horrific surprise of an unexpected danger (e.g. a woman is married to an abusive man who always explodes in anger, without warning or cause; or a child has an unpredictable and abusive parent or sibling).

**Breast Cancer or mammary gland inflammation:** The two conflicts (as determined by which breast and whether the woman is right or left handed) relate to quarrels or overprotection with anyone except one's own children or mother (expanded nest conflict), or one's own children or mother (strict nest conflict).

**Bursitis:** Profound self-devaluation in terms of one's role in a situation, the tonality being in direct relations to the area of the body that is affected. Not feeling up to a situation is the underlying conflict. E.g. bursitis affecting the left shoulder relates to parent/child or child/parent conflict and the right shoulder with partners (spouse, sibling, business partner).

**Crohn's Disease:** The conflict involved is an inability to 'digest the morsel' or indigestible anger, often in a tonality of being afraid of dying of hunger. It is related to assimilation. 'Digesting the morsel' refers to being able to digest specific circumstances in one's life. E.g. a man abandons his wife and children for another woman. The wife experiences indigestible anger and is in fear of not having the means to take care of herself and her children—she develops Crohn's disease.

**Gallstone:** conflict of territorial anger, where the adversary has crossed the boundaries. It may involve having to deal with someone (a sibling, or ex-spouse) due to circumstances beyond your control. Each time you encounter the person, you cannot contain or overcome your anger.

**Kidney stones:** Inability to establish a limit within one's territory. E.g. a couple takes in the woman's mother for a month. Six months later, the mother in law is still there with no signs of leaving. The man cannot stand to see his mother in law in his home anymore, but feels unable to establish his territory.

**Knee problems:** Slight self-devaluation in a tonality of obedience. The knees hold the secondary chakras of devotion—we kneel (symbolically) in devotion or obedience. When obedience is shaming, we experience self-devaluation and the knees are affected.

**Sinusitis:** may be one of four conflicts depending on which sinus is affected. If the maxillary is involved, for example, the issue is not being at ease in one's own space or being closed-minded (wearing blinders). For the frontal sinus, the conflict is being unable to locate oneself in time (*What is my future?*). The ethmoid bone sinus relates to not being able to stand someone's presence (who may be living with you). Not being able to be one's own self in relationship affects the sphenoid sinus.

**Vertabrae:** The spine is the body's pillar and the vertebrae are the links to the personality. Osteolysis and loss of bone density occur when there is deep self-devaluation due to a sense of not being supported (and so one must carry the weight by oneself) and being incapable of asserting oneself (no backbone). There is further refinement depending on which vertebra is affected.

