

Healing Support for ADD/ADHD

An Enhanced Trigger Affirmations Product for
Accelerated Clearing, Healing, and Support for You and
Your ADD/ADHD Child



Inner Mastery Tools conceived and developed by
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Healing Support for **ADD/ADHD**

Attention Deficit disorder (ADD) and attention deficit hyperactive disorder (ADHD) are diagnoses given quite liberally to young children who do not easily adapt to the school environment, which requires focused attention on activities that awaken the intellect too early in the child's development. These children are generally more evolved in their intuitive abilities and more highly sensitive to energies around them. They do not easily conform to narrowly focused 'acceptable' behaviors that generally do not account for the highest good of the child. These children can feel easily overwhelmed or distracted in large groups of children, and pick up on energies that others are not normally attuned to.

I believe that many children labelled ADD/ADHD are coming into the world to show the effects of our misguided practices in health, education, and culture. The computer is the central focus in a young person's life, taking them away from nature and eventually leaving them de-natured and alienated from their self. The foods in the supermarket are toxic to a large degree or devoid of nutritional value. The cultural influences by way of movies and music are also jarring and violent for the most part. For the ADD/ADHD child, this will exacerbate all their 'differences', as they readily express the energies they are subject to. Our practices have lost touch with the child's development and what is for their highest good.

It is my sense that these children have great need for daydreaming time, time to be in nature, and would very much thrive in a loving environment that is sensitive to their sensitivities and growth rhythms. There is plenty of time for intellectual development later on. In fact, this is healthy for all children and the ADD/ADHD types are here to show us the error of our ways. In the Waldorf schools, for example, a child learns to read only in grade 3. My eldest went to Waldorf and I purposely kept him away from reading until I could no longer. It was the summer before grade 3 where he taught himself to read. And the moment he caught on, he started with the Redwall series and has been an avid reader ever since. Before then, I read him fairy tales, myths of the world, and wonderful literature rich in meaning and beauty. He only started mathematics in grade 3 as well, and did not really 'get it' until middle school. He is now on scholarship studying physics and doing research at the University over the summer on a merit grant.

Our educational system is so geared to making our children job-worthy when they graduate, that they jump the gun and introduce things before the child is ready. Childhood is a time for imagination, play, and exploring nature. A child allowed to remain in the imagination for a long time develops the ability for great problem solving ('out of the box' thinking) as well as the ability to tune into whole concepts quickly in later life. Contrast this with a child who has been forced into the intellect too early and forced to subdue imagination—this child will only be able to do what others have already done before, and making connections between disciplines will be difficult. As well, children who have been forced into intellectual activity too early lose interest in learning early on.

It is my sense that children with ADD/ADHD and other conditions like autism cannot be moulded as easily as others can, without expressing the serious damage in ways that we cannot ignore. With this view, it becomes imperative that the parents learn what influences are harmful and which ones are soothing and supportive of their child with ADD/ADHD. Moving toward wholesome activities, a lot of time in nature, a lot of age-appropriate stimulation that allows for exploration, inspiring stories that celebrate uniqueness and order and beauty in life, avoiding all processed foods, sugar, additives, etc., eating simple and organic where possible, drinking pure water, blessing all foods, avoiding use of computer, overuse of TV, violent or chaotic programs, chaotic music, etc.

That said, many children are misdiagnosed as other medical or emotional conditions can easily be taken for ADD/ADHD. Most people have a high degree of stress in life, and home life is not always very harmonious under increasingly stressful condition. A child who feels neglected or witnesses a lot of fighting at home, for example, can be distracted or act out in the classroom. And the same goes for a child with environmental sensitivities or heavy metal toxicity. There are many more conditions that mimic have symptoms in the range of ADD/ADHD as well, so the diagnosis is a guess at best.

Whether the diagnosis is correct or not, it is also recommended that you work with your child meditatively (as suggested in this mini-module as a start), with a good naturopath or nutritionist, with a healer/therapist who is able to work at the quantum-level with the parents and child, and joining a parent support group if available in your area or on-line. There are many wonderful breakthroughs in alternative healing, and much can be done for any condition. It is my belief that no debility need be permanent, and as the beliefs and patterns holding them in place are cleared and new expansive beliefs are integrated, the situation will change and everyone's lives will be enriched in the process.

The Vibrational Tools in this Mini Module

Enhanced and Trigger Affirmations

This IMT mini-module includes sets of affirmations that are enhance trigger affirmations. The affirmations are not ordinary ones. Each affirmations triggers different ***Inner Mastery Tools (IMTs)*** in order to support deep clearing and inner transformation. In fact, affirmations are coded, **one by one**, with a unique blend of IMT activations and other codes. Together, they instigate many energy shifts in the causal, astral/emotional and physical bodies, which define your perception of reality.

In general, the Tools alter the magnetic flows in your body, changing your energy pattern in ways that harmonize your being with the universal laws of creation, cultivate greater love, truth, goodness, and beauty, and align you more and more deeply with your true Self. They alter chaotic thought forms, transforming them into patterns of infinite beauty that expand your being and bring healing at deep levels, and bring movement to all blocked energies, restoring the proper flow of energy on all levels. In particular, they target transformation of all the thought and emotional patterns that uphold the dysfunction in a given statement, working with you on an individual basis. To read additional details on how the Inner Mastery Tools and body activations work, please see the website (www.innermasterytools.com).

Baseline AET Activation

All affirmations in this module trigger activation of the ***Affirmation Enhancer Tool***, which clears anything that is in the way of deeper integration of the frequencies in the statements that support the activation, and accelerating manifestation of its goal. To read about the ***Affirmation Enhancer Tool*** and better understand the breadth and depth of clearing steps that it executes as body codings, visit the website at <http://www.innermasterytools.com/aetnonp.htm>.

The best way to use the affirmations is to state them and pause to experience how they feel for you. Use ones that feel most poignant to you if time is a factor. Over time, you will notice that they feel more deeply resonant with your being, which means that they have transformed your magnetic flows to be in synchrony with a deeper sense of who you are. You then are radiating the magnetic vibrations of the statements, and thus are attracting a different reality to yourself.

Though they may have more activation, all affirmations are triggers for the AET.

IMT-Enhanced Trigger Affirmations

In addition to triggering the ***Affirmation Enhancer Tool***, all affirmations have been individually coded to include activation of other ***Inner Mastery Tools***. There are over fifteen different Tools for personal use and use in therapy, and several of these have been coded to activate with these statements. Some of the Tools used in the statements include:

- The Mind Healing Tool
- The Belief Clearing and Rescripting Tool
- The Love Transformer Tool
- The Divine Essences Wash Tool
- The DNA Activation Tool
- The Accelerated Infinity of Being Tool
- The Joyful Clarity Tool

These Tools work to target specific dysfunction within a broader context than is captured in the statement, as well as to seed and cultivate expansive beliefs and behaviors that will accelerate you and your child to new ways of being. Each time the Tools activate, they work with you or your child individually at your current state of consciousness.

It is recommended that you pause after each statement, in order to give yourself time to feel the shifts occurring within you. The IMTs will keep working in you whether you pause or not; however, tuning in to feel the activations and focusing on the meaning magnifies the effect.

The Vibrationally Encoded Images

Vibrationally encoded images were also created to correspond with the broad activation sets, and these provide another means to integrate the coding as well as provide additional coding. As well, several additional images were downloaded that do not pertain strictly to the activations. To learn about how vibrationally encoded images work, please visit the information page on the Inner Mastery Tools website, at [http://www.innermasterytools.com/pcvibrationaltools.htm#Vibrationally Encoded Images](http://www.innermasterytools.com/pcvibrationaltools.htm#Vibrationally_Encoded_Images) .

The best way to work with images is as follows. Take some deep breaths as you look at the images and connect with your heart. What do you FEEL as you look at the images? Typically, the ones you like the most are either those for which you are strong energetically or ones that are most relevant to whatever is going on energetically in your present-day reality. You may find you like different ones on different days, and you may understand why when you look at what is going on in your life. Interestingly, however, the ones that you most dislike are usually the ones for which you are energetically weak in those areas. What happens is that you do not resonate energetically with their vibration so they bring up areas that lack clarity within you that are ready to be healed, cleared and transmuted. In other words, those images make you aware, on the level of feeling, of the dissonant energies that are within you. This is an uncomfortable feeling and hence the unpleasant reaction. The more you look at these images that highlight internal dissonance with the truth of your being, the more old programming you will be able to release. Every time you look at the image you are raising the level of your consciousness so that you begin to magnetically resonate with the high vibrations encoded into the image.

It is suggested that you look at the images several times a day for the first three to four weeks – this is how long it usually takes people to absorb the full coding. In the first few days (at least

three days), it is advisable to look at the images for 3-5 minutes at a time, minimum, followed by 15-30 second glances several times through the day thereafter. You can work with one image for a few days (no less than three days), and then move on to another, rotating through them several times. As a portal to infinite coding, the images evolve and grow in power over time; they are continually refined and reach higher levels of spiritual frequencies.

You can also make an elixir with several images at a time. See the website for more details.

The three images in this module are ***Master Healing Images***. Master healing energies tap into the energies, vibrations and frequencies of a series of images created to cover all aspects of a theme or topic. When Bill Austin creates a series of images and brings in the coding for the individual images, the last one he creates is the master healing image for the series of images, and it reflects all the coding brought in by all the images in the series. It may be considered as being a divine ideal extract of all the energies from each image.

Using the Tools

By Proxy for Your Child

You can have the Tools work on your child by proxy. What this means is that you act as a surrogate for your child. The simplest way to do this is to merge out into *All That Is* and then ask the Creator that you merge with your child and intend for all the frequencies to be transmitted to your child. (A simple process is given below.)

Always invite your child's highest-level aspect of their Higher Self to receive the coding. While you are merged, you then state the enhanced trigger affirmations, pausing between each to feel their meaning and tune into the energy shifts. You may feel body sensations, see light in your mind's eye, or you may feel nothing at all. Even if you do not feel anything, the *Inner Mastery Tools* are still working. This process has been tested and confirmed by muscle testing over and over again.

If you feel that you need the coding from the statements as well, then you can do this at the same time. Feel the statement for yourself, then feel it from the perspective of your child. You can switch in and out in this manner as often as you feel guided to.

Process to Merge With Your Child

Center and clear yourself. Connect with the highest level aspect of your Higher Self, and of that of your child's. (Just ask and it will be so).

Enter into a meditative state, and imagine that you are merging with the chair you are sitting on: you and the chair are gently sharing atoms...sharing space. Now image this gentle sharing of atoms and space with the room you are in...with your town, world, universe,

beyond the universe with all of the created universes, then with the Creator. The Creator is everything, encompassing everything, and you are part of that. Now ask the Creator that you merge with your child.

From this state of Creator consciousness, set the intention that your child receive healing for their highest and greatest good. You can feel both yourself and your child, simultaneously. Then proceed to stating the affirmations. You can absorb the frequencies for your child, and you can also absorb them for yourself if you feel they will benefit you. It is advised that you do them on yourself at least a few times, because then you will carry the frequencies in you that will be healing to your child, and the healing will automatically take place in your child as well to some degree—by your presence as well as via changes in your DNA.

Doing the Trigger Affirmations with your Child

You can also do the affirmations with your child. At bedtime is probably best. This can be part of a bedtime prayer ritual. The affirmations for the child have all been abbreviated so that children can say them easily. The set of the abbreviated child versions has all the same coding as the longer adult version set. The longer versions give a better picture of the objectives of the coding, but some of the statements would be meaningless to a child.

You do not have to do all the statements each time with your child if it is too much for them. The statements are holographic, in the sense that each one also contains the coding for the whole set, although the emphasis on coding changes for each one.

When you say these with your child, it is important to FEEL them in you. You will then amplify them in your child by magnetic resonance. You will become more strongly resonant the more you do the proxy work as well. As you pause to feel each statement, have your child imagine the truth of the statements in their life (however they are guided to do this).

Suggested Ways to Use the Image

A playful way to get your child to use the images is to hang them up at the child's bedside (the two images that are intended for the child), and have your child look for animals, gnomes, fairies, people, things, etc. within the image. You can both look and weave a story around what you see. Each time you look at the images, you can try to find new things. After about a week of more concentrated looking, the coding is absorbed, and then just glances will reinforce it. So place the images somewhere where your child will see it often.

Working with the Parent Affirmations

It is always good practice to center and clear yourself before doing any healing work. Enter a light meditative state, and state your intention that you receive healing for your highest good and the highest good all involved, so that you are fully supportive of your child,

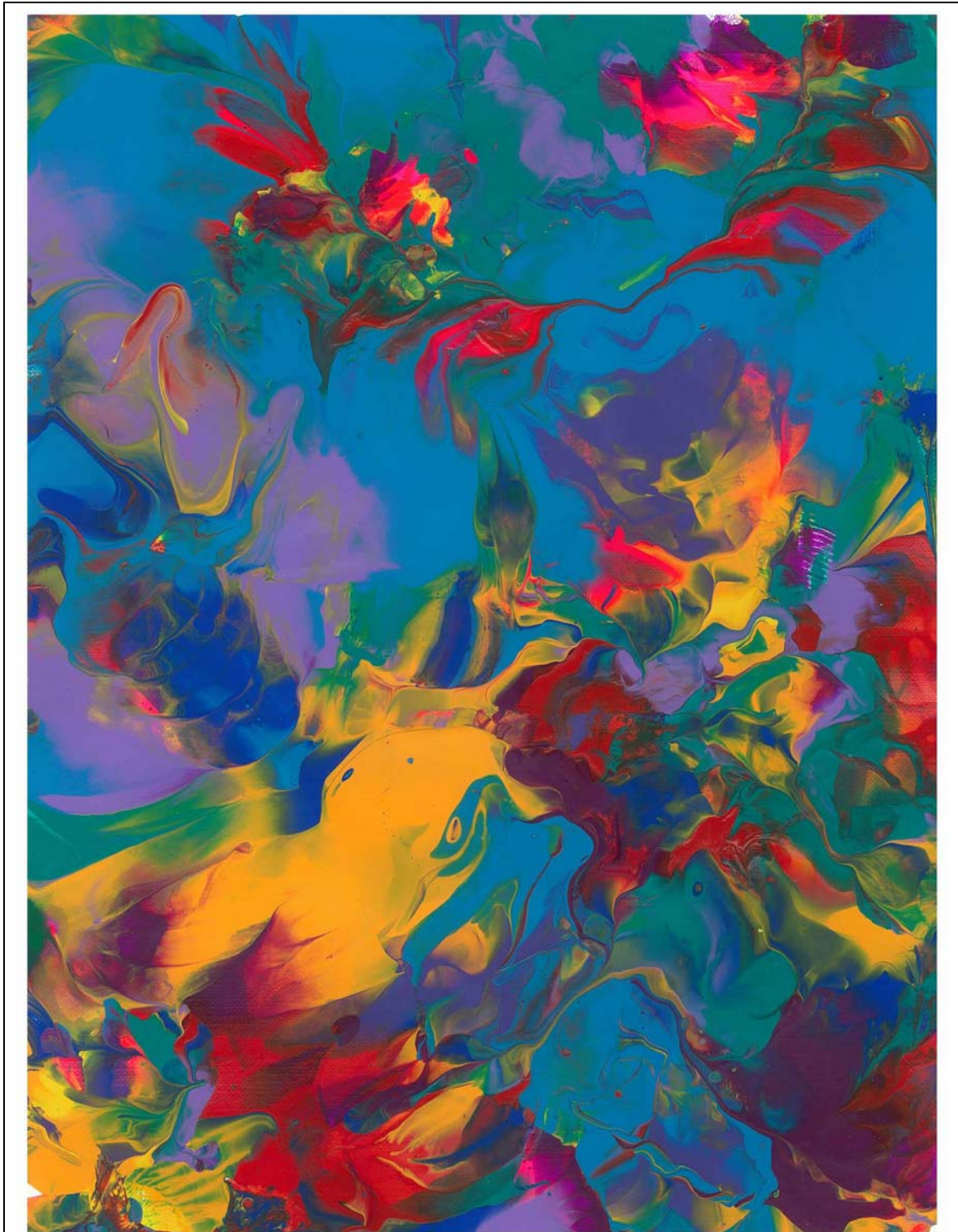
accepting of your child and the situation, open to understanding your part in things, and to being guided to the best resolutions for the highest good of all.

All conditions can be transformed and seeking those transformations can often open up a whole new world for the parent. I have often seen that a child's condition will lead the parent to new understandings and personal healing in this regard. The focus and effort can result in a deeper level of connection as well. There is meaning in all that comes into our life, and the sooner we accept everything as an opportunity or gift and work with life as it is, the sooner we will come to the necessary inner transformations.

The Images and Affirmations

The master healing images contain coding to achieve all that is captured in the corresponding sets of enhanced trigger affirmations. While there is overlap, there is also coding unique to the image and to the trigger affirmations; therefore it is recommended that you work with both daily, as suggested above

Image 1: Angelic Healing Profiles for People with ADD/ADHD



Master Healing Image: Angelic Healing Profiles for People with ADD/ADHD

Image 1 Trigger Affirmations to do Proxy Healing on Your Child

- I am learning to manage my sensitivity to all the energies around me in my environment, and remain centered and in my body at all times.
- My sensitivity to the environment and to others is a gift that I am learning to use at Creator's discretion and in a way that is for my highest good and the highest good of all.
- All chaotic energies that enter my field are automatically sent to Creator's Light and Love and instantly transformed into order and beauty.
- I am acceptable as I am.
- I love myself and love being me.
- Everyone experiences me as a blessing in their lives.
- I experience support and understanding everywhere that I go. I attract beneficial influences into my life as people and conditions.
- I absorb, express and amplify all the good energies around me.
- I know when it is appropriate to speak and interact, and when it is appropriate to be still and cooperate with the wishes of the adults in my life.
- I am able to be calm and still, even when there are many things going on around me.
- I know when it is appropriate to play and when it is time to focus and concentrate, and I am able to do so with ease.
- I learn easily and without effort.
- My parents support me completely and deeply in life.
- I feel loved and accepted by my parents exactly as I am.
- I attract teachers that accept and understand me.
- I feel loved and respected by my teachers exactly as I am.
- I attract friends who appreciate and understand me as I am.
- I am able to develop according to my highest good, unhindered by other people's expectations or opinions of what 'should' be.
- I clear all negative or limiting things that I have heard about me from all levels of being including cell memory, and only remember what is inspiring, uplifting, and supports my confidence and growth.
- I now fully integrate on all levels of being and have greater presence in the body to the extent that supports my highest and greatest good from the perspective of my soul.
- I sense order in the world around me and feel secure of my place within creation.

Image 1 Trigger Affirmations for Your Child to Say

- I can handle lots of energy around me and stay calm and centered inside.
- I can feel things around me easily, but don't have to act them out.
- I know the difference between other people's energies and emotions and my own.
- I don't have to take on the energies and emotions of others.
- I send to God all the energies that are too much for me.
- My body instantly recognizes what is not good for it, and transforms it (with God's love) to something useful.
- I am acceptable and loved as I am.
- People are happy to know me and be with me.
- I focus on all the beautiful, calm, and happy things around me.
- I know when to be still and I can do it easily.
- I know when it's time to play and when it's time to pull myself into focus and concentrate in school.
- I can easily focus, concentrate, and be still in class.
- I am in my body when I need to concentrate.
- I am smart and learn easily.
- I am unique and learn in my own way and that's okay.
- My parents love me as I am.
- My teachers love and appreciate me.
- I love myself and am happy to be me.
- I can do anything I put my mind to.
- Life makes sense to me and I see God's wisdom in things.

Image 2: Brain Chemistry and Genetic Healing Profiles for ADD/ADHD



Master Healing Image: Brain Chemistry and Genetic Healing Profiles for ADD/ADHD

Image 2 Trigger Affirmations to do Proxy Healing on Your Child

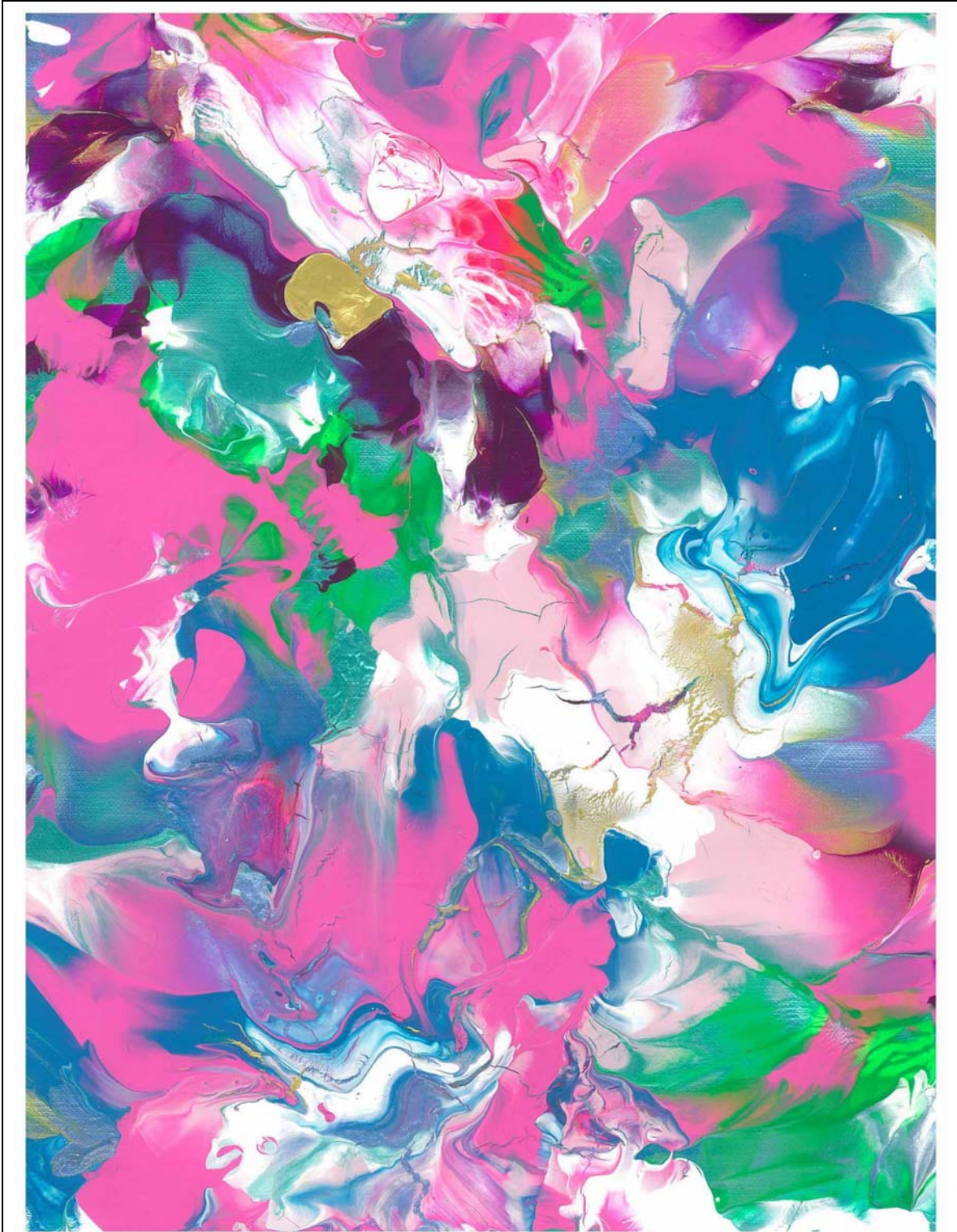
- My brain chemicals are continually maintained in optimal balance.
- My emotional body is clear, strong and wonderfully balanced.
- I am free of all toxins and my body is easily maintained in balance at all levels of being.
- My nervous system center is clear and strong, and able to tune out unwanted influences according to my highest good.
- When I feel oversensitive or hyperactive, my emotional body is activated and supported to a state of calm.
- I am creating new neural pathways for responding with calm to any chaos around me.
- Every day and in every way, my body and mind are becoming stronger and stronger.
- Every day and in every way, my mind is more focused and calm.

Image 2 Trigger Affirmations for Your Child to Say

Have your child get quiet and focus on their brain. Have the child image their brain and head flooded with light, as you have them repeat the trigger affirmations. Note that the two statements contain the full coding for the set of trigger affirmations that you will be using for proxy healing.

- Every day and in every way, my body and mind are getting stronger and stronger.
- Every day and in every way, my mind is more focused and calm.

Image 3: Angelic Healing Profiles for Parents with an ADD/ADHD Child



Master Healing Image: Angelic Healing Profiles for Parents with an ADD/ADHD Child

Image 3 Trigger Affirmations For the Parent

- I realize divine presence in all that is in my life. My life is *God's love in action*, and all is in perfect order.
- I accept my child as he/she is, and I welcome the opportunity for inner growth as I devote myself to supporting my child as best I can.
- Creator supports and guides me to divine ideal resolutions that are for the highest good of all.
- I emancipate from societal standards of 'normal', and am attuned to the deeper reality at play in my child's condition and the situations that arise for us.
- I am willing and able to be transformed in my understandings of the world as I perceive it through the eyes of my child.
- I release all fear about my child's condition and fear for their future.
- I love and accept my child completely and deeply, and I hold only thoughts of joy when I think about their life!
- I see the wonderful transformations to higher resolutions in all the challenges that my child faces.
- My faith and positive perception is a magnetic power of attraction for the best situations and people to enter our lives.
- I seek and am guided to pathways that support greater order, beauty and peace in the world.
- Every day I reach deeper levels of unconditional love, acceptance, and faith, and feel my growing connection to the Creator who is with me always.
- I am a 'rock' of inner peace.
- My child supports me to being in the NOW moment—which is the only point of power. As I deepen presence in the NOW at all levels of being, I become an ordering force in my reality and positive influence for my child.
- I release all blame, anger, resentment and grudges of those who do not understand or support my child's highest good.
- I release all guilt over my child's condition.
- I release all sense of hopelessness and despair to the Creator, and welcome deeper faith and courage that I may be a healing presence in the family.
- I release all need for others to understand and approve of what I do with my child and approve of my child. I no longer take what other's think personally.
- I act according to inner guidance no matter what other's say, and I grow in strength and inner certainty in the process.

- There is no right or wrong action—intention to support my child's highest and greatest good will make all action favourable.
- I listen to the 'experts' with Creator's discernment, and am always guided to what is for my child's highest good.
- I allow my child to progress at his/her own pace.
- I seek only positive influences for my child that reflect a caring and loving humanity.

Appendix A: Additional Resources

The Affirmation Enhancer Tool

The **Affirmation Enhancer Tool** is a unique transformational, healing, and enlightenment Tool that clears all that stands in the way of integrating an affirmation energetically, and quickly puts you in vibrational harmony with your desires, which is the necessary step for manifestation.

The **Affirmation Enhancement Tool** enables you to **embody the energy of the affirmation instantaneously, at deep levels of being**. It does this by reprogramming your subconscious mind to work for you to fuel your success towards that affirmation, dissolving the backwash of opposing thoughts, hidden agendas and unmet needs that often underlie affirmations, cleansing the subconscious mind of all memories, programs and patterns that do not support the affirmation, releasing emotional and mental body patterns and programs that support the denial of the affirmation, and infusing your body, heart, mind and soul with divine ideal traits that will support deep integration of the truth of the affirmation. All this is done via body codings, which alter the magnetic flows of your aura. Thus you are programmed toward becoming increasingly magnetic to your desires. Accelerated manifestation is further enhanced by ongoing support through inner guidance, which will highlight and strengthen the divine ideal pathways that support your desires and your highest good. This Tool represents a breakthrough in accelerated healing technology, and it will work with you no matter what your stage of evolution. For more details, visit <http://www.innermasterytools.com/aetnonp.htm>.

The Spirituality of Wealth Program (SOWP)

The Spirituality of Wealth is a program to develop the true consciousness of abundance that contains powerful activations of the Inner Mastery Tools and the Affirmation Enhancer Tool. The Spirituality of Wealth Program (SOWP) was developed to expand on the principles presented in the book, *The Science of Getting Rich*, by Wallace D. Wattles, which was inspirational to the movie, *The Secret*. Wattles' book covers the major components of manifestation and requires careful study in order that the principles be properly understood and put into practice with assured success. The SOWP program offers in depth spiritual background and rationale for the principles presented in the SOWP, as well as practical exercises and sets of trigger affirmations and vibrationally encoded images to assist in integrating the principles deeply and successfully implementing them in daily life. The SOWP is both informational and transformational.

The program also comes with the full **Prosperity Codes I** audio package, and a 2-hour audio of body activations to achieve abundance on all levels of being. The tools in the program may be repeated often to reach deeper and deeper levels of integration. Visit www.spiritualityofwealth.com

The Energy Flows Balancing Module (EFBM)

The **Energy Flows Balancing Module (EFBM)** contains audio and Inner Mastery Tool activations of the Higher Dimensional Bodies, enabling a person to reach higher levels of consciousness and thus to transcend a lot of dysfunctionality that may be present in life. The Multi-body Balancing Tool (MBBT) is one of the core Inner Mastery Tools that is at the basis of this module. Its effect is immediate, ongoing, and all encompassing. Those who have used it report changes in all areas of life over time, as they feel greater peace and positivity, inner guidance and wisdom, and habitual negative reactive behaviors diminish noticeably.

The MBBT and processes of the EFBM are dedicated to activating and harmonizing all our dimensional bodies, but with an emphasis, through additional features, on clearing, balancing and harmonizing the energy flows that most affect physical, emotional, and mental health (namely the blood system, meridian system, and system of extraordinary meridians or strange-flow for the physical, emotional/astral, mental/causal bodies, respectively).

Activation of Higher Dimensional frequencies ensures greater spiritual power available to us to heal and transcend dysfunction. Harmony at the lower three levels and clearing of their energy flows ensures optimal physical, emotional, and mental health over time. This is a foundational IMT product that supports accelerated healing and evolution. Visit the website at <http://www.innermasterytools.com/energyflows.htm> for more details and to read client testimonials.

Audio Activation Healing Modules

Audio Activation Healing Modules are activation-packed modules that alter the magnetic flows of your body in support of healing and transformation. As your magnetic signature is evolved toward greater wholeness in specific areas, you begin to attract a new reality around you. The Modules contain many vibrational tools and exercises to further accelerate change.

The set of Audio Activations Healing Modules available on the website is continually expanding. The **Prosperity Codes-I** is the first in the Prosperity Codes Series—**Prosperity Codes-II**, dedicated to clearing all limitation and embodying a sense of abundance within, and the **Prosperity Codes-III**, which focuses on changing all aspects of your money blueprint, are both in the making.

Several Accelerated Healing & Enlightenment Modules (AEHM) have been developed as part of a transformative series based on work done in Remote Healing Sessions Programs being offered at various times of the year. The first RHS Program is **Becoming a Conscious Co-**

Creator series, and the first three Modules are now available in this program. Modules include:

- **Healing and Harmonizing Relationships**
- **Healing the Past**
- **Dare to Succeed!**
- **Ignite Your Potential**
- **Harmonizing with the Mind of the Creator and the Ten Steps of Manifestation**
- **Creating Heaven on Earth**

The second RHS Program focused on addictions. Modules available from this series include the following:

- **Stress Release**
- **Clearing Addictive Tendencies**
- **Clearing Addiction to Alcohol**

Other modules in the works, which will be available soon, are:

- **Clearing Addiction to Smoking Cigarettes**
- **Clearing Addiction to Marijuana**
- **Clearing Addiction to Sugar and Overeating.**

The **Optimal Health Codes** is the first module in the *Physical Healing Codes Series*, and many more are planned. Visit the website periodically to find out what our latest offerings are www.innermasterytools.com.

You are also invited to join our email list—you will receive a weekly article on healing that may include trigger affirmations and a vibrationally encoded image. This is a wonderful way to keep progressing on your path of healing and growth. Visit our website for details www.innermasterytools.com.

Appendix B: About the Developers



Anita Briggs, DCEd, MSc, DAc, is a psychotherapist, spiritual healer, and author who facilitates emotional clearing using Rapid Eye Therapy, energy psychology, and thetahealing with the Inner Mastery Tools. In private practice for over 8 years, she has helped many clients heal from all manner of limitation, including depression, anxiety, phobias, addictions, relationship issues, physical conditions, and feeling stuck in life. With over 20 years of esoteric study and a strong vision and commitment to human freedom, her passion has been to help people become free of their past and able to embrace a life

of greater purpose, and fulfillment.

From extensive training in a number of modalities, Anita offers a unique blend of methods and brings a wide range of spiritual philosophy and tools into her healing practice. If you would like to experience the Inner Mastery Tools in a personal consultation with Anita, please email her at anita.lucia.briggs@gmail.com. She offers in-person as well as telephone sessions and distance healing.

Anita is continually seeking better, more effective and accelerated methods of achieving healing and enlightenment and this has led her to partner first with Bill and later with Rama, in developing Inner Mastery Tools for therapy and personal healing. Anita is involved in many writing projects, including training manuals for therapists in use of the IMTs, and Interactive Healing Modules targeting common dysfunctions of our time. Many new Inner Mastery products will be coming out in 2009/2010. Practitioner training will be offered in 2009. Visit the website to read about all the Tools and Healing Modules available.

www.innermasterytools.com



Bill Austin is a spiritual healer, teacher, artist and visionary living in Saint Petersburg, Florida in the United States. He is the founder of the Practical Mastery and Angelic Mastery healing modalities and has been working with clients from all over the world for over seven years now.

Bill is dedicated to helping people improve their lives, assisting them to identify and clear the negative emotions and beliefs that create self-imposed limitations. Through many mediums, including audio and image, Bill has successfully utilized technology to get his healing work out to large numbers of people. For more information about

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Bill and his healing practice, feel free to check out his main healing web site:
<http://www.HealingHolograms.com>.

The core of Bill's work is around mastery - helping people to create a better life using some of the techniques, tools and gifts he has received over the years. He recently created the Mastery Training Modules Program to help people to activate their mastery so that they will be able to live like a master in the physical plane of duality - to be in the world but not of the world so to speak. To participate in this program all you have to do is go to the www.HealingHolograms.com web site and join his newsletter list in the upper right hand corner.

Bill has also created a number of very powerful, free spiritual healing audio recordings on the <http://www.FreeSpiritualHealing.com> web site. He invites you to check these out.