

# The Healer & Lightworker Support Toolkit

An Inner Mastery Toolkit for Accelerated  
Transformation, Alignment, and Evolution



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# Healer and Lightworker Support & Protection Toolkit

## ***Introduction***

The *Healer and Lightworker Support & Protection Toolkit* contains a series of very high vibrational frequencies and blessings from the Creator to support healing practitioners, lightworkers, and starseeds. These activations have been encoded in images, audio transmissions, and trigger affirmations that will activate the Affirmation Enhancer Tool. In these frequencies, the concept of healing is greatly expanded to refer to movement toward ever greater evolution. Therefore everything in this toolkit will keep moving a person forward to the next level of their evolution, and there is no limit to the blessings and gifts that may be had with continued use.

The primary focus of this toolkit was to assist the large population of healers. However as we developed the materials, codings were also coming in to support a broader base of people, including lightworkers and starseeds. Many of the issues and challenges that healers face are universal ones common to all lightworkers and starseeds. And so this program supports all three categories of people, which incidentally, have overlap.

The program is intended for all those who might be described as follows:

- All healing practitioners dedicated to serving others
- All people who are consciously choosing to be a beacon of light on earth
- All those who feel drawn to the healing arts but have not yet found their place
- All those who feel a strong mission to support humanity at this time

The program is aimed at supporting healers, lightworkers and starseeds to fulfill the goals they intended by providing impeccable protection, supporting self-healing and self-care, enhancing integrity in your work, accelerating your personal evolution, enhancing your ability to help clients, acceleration of your healing and spiritual gifts, and greater alignment with your soul's mission and the heart of the Creator.

## **Benefits of this Toolkit**

**Some of the many benefits of this powerful package include:**

- Enhance Your Ability to Heal Yourself, Others and the Planet;
- Energetic Protection from Picking Up Negative Energies from Your Job, Daily Interactions with Others and the Planet;
- Helping You Come into Your Authentic Power by Releasing the Patterns of Giving Your Power Away to Others:

- Releasing unconscious patterns of replication that compromise your level of light, and increasing your ability to realize self-sovereignty;
- Releasing Limited Thinking and Self Sabotage so that You May Realize More of Your Full Potential and Accomplish the Healing and World Service Work You came Here to do;
- Energetic Support in Releasing Dysfunctional Patterns and Programs like People Pleasing, Rescuing and Saving Others and Taking Things Personally;
- Instant Access to Activations to Accelerate Your Healing Gifts;
- Enhanced clarity, intuition and overall ability to get to the core of client issues and know how best to help them;
- Increased Clarity in Direction of Your Healing and Spiritual Gifts;
- Increased Capability to Accomplish Your World Service Work;
- Support in Becoming a Stronger Presence of Love, Light and Wisdom for Everyone Around You.

## **Healers, Lightworkers, and Starseeds**

Healers encompass a broad range of people who are devoted to serving others in a healing capacity. Counsellors, energy therapists, psychotherapists, life coaches, reiki practitioners, massage therapists, nurses, and so forth, may fall under this category. A distinguishing characteristic of a healer is the sense of being in service to humanity in a manner that uplifts and awakens; therefore not all practitioners of these vocations are necessarily healers. Dangers that healers must guard against include lack of personal boundaries, not knowing how to value their services, the need to rescue or achieve specific outcomes, feeling they are not doing enough, self-doubt, mistrust of their abilities, believing they are the ones doing the healing, adopting others' healing methods and not developing their own, lack of self-care, etc.

Lightworkers refer to those who are committed to doing good in life—it is a broad definition. The characteristic is that at a soul level, a lightworker has a commitment to a lifetime of upholding the light. There are people who lead 'good' lives that have not necessarily committed to the light. Most lightworkers are involved in spiritual development practices that are very central to their lives. There are many lightworkers who are deeply committed—perhaps from having had many lifetimes on earth in which they committed to the light. Some have many life lessons yet to be worked out, while others are working on the last levels of the planetary ascension process.

Lightworkers may appear in a variety of vocations, however, a primary purpose for all is to anchor in higher levels of light and love on earth. Many lightworkers are healing practitioners, but there are many who bring light within other capacities, such as bringing up a family, teachers, policy makers, etc. Not all lightworkers have labelled themselves as such or know that they are here to increase the light on the planet. However, most lightworkers will have heard the concept and been attracted to it in some way, feeling an impulse to align with the light more deeply and consciously. If you are devoted to your evolution and feel most alive when spreading enlightenment or joy, chances are you are a

lightworker. Dangers that lightworkers face are life challenges that suck them into duality consciousness, mass consciousness programming, or malevolent interference, any of which may dim their light. It is therefore of paramount importance that lightworkers do what they can to protect themselves and preserve their ability to accomplish their mission.

Starseeds are beings who come liberated from other worlds of higher frequencies, who have come here solely to help humanity and the planet toward ascension. Starseeds may have many or few earthly lives. For those with few, earth tends to be challenging because this is such a dense world sunk in duality consciousness that it is quite barbaric and often confusing to them. Starseeds are often more 'out of the box' than the more normal lightworker. Many of the starseeds (but not all) have completed the planetary ascension process on other worlds and are really focused on cosmic ascension. So while some may be at a disadvantage in so far as they not accustomed to the ways of the Earth, they are almost always highly evolved beings.

Some of the starseeds are quite young - choosing to incarnate here just to add their love and heart energy to the planet to assist this world to ascend. Simply their presence on the planet raises its vibration and assists her to move forward. Some have chosen to protect themselves from mass consciousness reprogramming that would compromise their light and love by not fitting into the educational system, for example.

And then there are starseeds who have a lot of wisdom, many earthly lives, and can more easily master life on earth. They may or may not retain a dim awareness of their mission, but these will always feel a strong impulsion toward it. And their mission will likely impact a large number of people and can easily impact at a global level. Materialistic pursuits are not important to them, and either they have great ease in that area or they may struggle from not having paid attention to the need to master all aspects of human life.

Some starseeds specialize in working with worlds that are ascending or lower vibration worlds to help raise their vibration (which is the situation on the earth), and come in with skill sets they have developed within many time space continuums. Most of the heart-oriented healing modalities are being brought in by starseeds and often are ones that are used on other worlds. Starseeds come to help evolve to new levels by experiencing life in this world. Energetic leadership and new directions on this world are largely starseed driven at this time.

Clearly from the above definitions, the categories overlap, and many lightworkers and starseeds are often healing practitioners. Please note that these definitions reflect our perspectives, and you may have others as well. The precise definitions are not important, as the coding in the images and activations work with these categories of beings regardless of definitions we might use.

\* \* \* \* \*

If you suspect your child may be a starseed or lightworker, we welcome you to extend the healing frequencies to them, in the following manner:

Whenever you work any of the processes in this program, simply invite the Higher Self (or highest level aspect of the monad) of your child and offer the healing shifts to their Higher Self (or highest level aspect of the monad) that will best serve your child. In this manner, they will receive some of the healing benefits from your work, as they apply. In addition, you may hang some of the protection images up in their room, where they will have a chance to absorb their strengthening frequencies.

In future, we will have a package specifically designed for light children, which will also help them to better integrate socially without loss of self. We do not have a firm date yet on this, but it will likely be in 2008.

## ***The Toolkit***

The package comes with vibrationally encoded images, an audio transmission of the codings in each image, and sets of affirmations that have been rendered into triggers that will activate the **Affirmation Enhancer Tool** to deeply clear and reprogram all that might be blocking the affirmation from being true for you energetically. In addition, an activation audio to help you align to your higher self and your soul's mission in your healing practice, to ensure protection, and support your gifts, etc. has also been included. This is a short 20-minute audio that may be repeated as often as you wish. Each time the codes will be accentuated for you, and the process thus accelerated.

**This manual in itself is another energy tool of transformation.** As the issues addressed by the vibrationally encoded images are discussed, the Inner Mastery Tools will activate for you in various ways, triggering body activations and subtle mental body realignment, and supporting clearing and reprogramming according to your highest good and level of receptivity at the present time. You will find yourself understanding and integrating at deeper and deeper levels, as you contemplate on the issues discussed as they might relate to your work and your life. It is thus recommended that you read sections over again, as you work with the images over a period of time.

While this toolkit contains very advanced and powerful codings, we also recommend that healing practitioners work with the Energy Flows Balancing Module in order to directly and consistently activate the higher dimensional bodies (<http://www.innermasterytools.com/energyflows.htm>). This can increase your effectiveness as a healing practitioner, because you will eventually engage your higher dimensions in the healing sessions. So while you are working with your client on one level, your deeper dimensional self will be working with them on another. I have experienced this increasingly in my own practice with regular use of the EFBM

techniques. Clients will tell me I have changed their lives in so many ways, yet when I look back to what we did—though good work indeed—I know there was work being done at much deeper levels. There is greater depth and speed of healing that seems to occur in clients now that I have been working on my higher dimensional bodies. Rama Iyer (co-creator of these Inner Mastery products) is conscious of this deeper dimensional healing that goes on with clients and participates actively in it, as his higher dimensional bodies are more highly evolved.

## **Vibrationally Encoded Images and Trigger Affirmations**

Included in this toolkit is a set of thirty vibrationally encoded images that will help support you personally and enhance your work as healer, lightworker, or starseed in various ways. These appear in a separate manual (*Healer, Lightworker and Starseed Support Toolkit Image Collection*). The images can assist in accelerating inner transformation and awakening. Vibrationally encoded images provide another means of integrating frequencies. For some people, the images work especially powerfully, while others respond more clearly to vibrational encodings in audio files. Each method can effect changes at different levels of your being. For this reason, an audio transmission for all the images in this program has also been provided.

The healer support images have been grouped into six main categories, as follows:

- **Healer and Lightworker Protection**
- **Clearing Dysfunctional Behaviors and Cultivating Healthy Patterns as a Healing Practitioner and Light-Worker**
- **Personal Evolution**
- **Aligning Your Healing and World Service Work to Your Unique Divine Self**
- **Practical Concerns**
- **Advanced Lightworker and Healer Activations and Blessings**

Each category comes with a specific set of trigger affirmations to further support and elaborate on the frequencies being transmitted via the images for that category. In addition, for each image, an *enhanced* trigger affirmation has been formulated—this enhanced trigger contains all the frequencies encoded in the image. This provides yet another convenient way to integrate the encoded frequencies, in addition to the images themselves or the audio transmissions.

Using the **enhanced trigger affirmation** provided with each image will activate the **Affirmation Enhancer Tool (AET)** to directly transmit the frequencies in the image as body codes and to ongoingly support you toward realization of that new reality in the many ways that the AET supports manifestation. In particular, the AET will execute a series of **seven key steps** that will ensure, increasingly with each step, that you are becoming a **VIBRATIONAL MATCH TO** the intentions of the images at ever deeper levels, so that manifestation of that new reality is assured as your power to wield the law of Attraction is increased. You can read about those seven key steps on the AET website

([www.affirmationenhancer.com](http://www.affirmationenhancer.com)). Note that you do not have to have the AET, for these affirmations to activate the Tool for you. This is a new feature that we've been able to add recently, and will be of tremendous benefit to accelerate integration of the energies.

### ***Using the Audio Transmission for the Image Frequencies***

The audio transmission—*Healer, Lightworker and Starseed Support Toolkit Audio Introduction to the Image Collection*—is intended to help you work with the images in this package. You may want to listen to the audio transmission several times a week until you feel you have absorbed the energies. At that point, listening to it once or twice a month is sufficient to keep deepening the integration process. There is really no saturation point, as these frequencies are portals to infinite coding. The same holds true for the images themselves.

Please do not listen to the audio transmission more than once a day; sometimes people who listen to Bill's audios a lot in one day receive more energy than they can comfortably integrate.

### ***Using the Images***

The images respond to the individual and will begin to work in you from your current point of consciousness. As soon as you look at an image, the clearing, restructuring, or awakening commences. The more frequently and the longer that you look at an image, the more deeply it works in you. Once the healing frequencies have been integrated, then looking briefly or even a glance at the images can reinforce and deepen them.

It is suggested that you look at an image for a few minutes to begin with, and then for 15-30 seconds or so a few times through the day thereafter. You can work with one image for a few days, and then move on to another, rotating through them several times. It is good practice to hang up the images you are working with in your home or office, in an area where you will glance at them several times a day (even if not in full consciousness). It takes most people three to four weeks to absorb the full coding of an image. Note that this does not mean you are done with the image, but rather that you have been acclimatized to the frequencies and are receiving them fully; from then on you will more easily absorb and deepen them. If you have resistances to the frequencies encoded in the image, it may take a bit longer; similarly, if you are very ready to absorb and embody the frequencies of an image, this time will be shorter.

Understand that there is no wrong way to use the images. You can hang them up on the fridge or a mirror, or use them as your screensaver. The vibrations are taken in instantaneously at a glance.

### ***Using the Trigger Affirmations***

Each image comes with an **enhanced trigger affirmation**, which may be used to further integrate the frequencies of the image. Activating the Affirmation Enhancer Tool on the

image frequencies provides another unique approach to integrating their healing and awakening codes. Appendix A conveniently lists all the enhanced trigger affirmations for the set of images in this toolkit, which appear in boldface in the list of trigger affirmations. You can state these affirmations as often as you wish, and once daily use is certainly reasonable.

The other affirmations provided with each image are *not* ordinary affirmations. They are also triggers for the AET, and the AET will work on their meaning, clearing all that is in the way of you embodying the truth of the statement. We encourage you to visit [www.affirmationenhancer.com](http://www.affirmationenhancer.com) in order to better understand the power of this Inner Mastery Tool.

You can use these affirmations as often as you wish, and each time more clearing and reprogramming will be executed in support of your moving toward the reality of that statement. The best way to use these affirmations is as a contemplative exercise. State one, pause, and *feel* in your body. Feeling helps you to receive and connect to the energetic shifts more deeply. You don't always have to do them contemplatively, but once in awhile is certainly recommended. You can add your own affirmations, but please note that the AET **will not** activate on the ones that you formulate yourself.

Similarly to the images, a trigger affirmation is also a portal into infinity—so there is tremendous power within the tools provided in this program. You can never be 'done' with this material, as you are also an infinite being with infinite power waiting to be realized. All these tools (images, audio transmissions and activations, trigger affirmations, and the manual itself) will continually support you on your journey no matter what your level of enlightenment!

### **Healer, Lightworker Activation Audio**

This is a twenty-minute activation audio containing twelve activations. The words used are 'healer' and 'patient', but please understand this also extends to other lightworkers and starseeds who are not healers, and patients can mean anyone you are in contact with in your practice and world service work.

The audio proceeds as a series of activations that you can accept or not at any time. It was purposely kept simple and direct, in order to be quick to do and ideal for frequent use. The activations will work in harmony with all other codes within your being. They are flexible rather than hard-coded, and will work with you in a manner that is completely in resonance with the state of your being, and will only activate if they serve your highest good at any point in time.

You can repeat the audio as often as you wish; and once daily use or several times per week is certainly appropriate.

**Please note:** Lightworkers, healers and starseeds often come in with very unique and specialized energetic patterns and codings to assist them to accomplish their world service work. So you should always be discerning as to accepting activations and transmissions from others. The audio activation recording has very powerful codings and you are encouraged to go within and ask whether each transmission is aligned with you energetically before you accept it. That having said, they will only activate for you if they are aligned with the Will of Prime Creator and serve your highest good.

### **1. Crown Restoration and Activation**

This activation stimulates the upper cortex of brain and ensures that your Crown is active and functional, aligning you to your truth and enabling you to download your truth into your body. It will keep you flowing with higher power so you can bring in healing energies from higher dimensions.

The Crown chakra and crystal organ at the top of the head will become magnetically attuned to your Higher Self only. The crystal organ is really an attunement device to your Higher Self. If there is damage at the Crown, the activation will begin a restoration process before activation. If your Crown is already activated, it will ensure that all input you are receiving is exclusively from your Higher Self, and will accelerate evolution of this organ. Among other things, you will feel a growing sense of who you are, an increasing connection to your life and purpose, increasing clarity of inner guidance, an increasing sense of infinite potential and possibility, an increasing connection to your truth and to higher powers from the deeper dimensions of your being.

### **2. Pineal Restoration and Activation**

The pineal gland is another major organ center in the body, and is the master of the DNA system, which holds our identity. We are united by the universality of the codes, and unique by how we express the different codes in various patterns.

The DNA system is like a prismatic tubing that carries the white light of the Higher Self throughout the body and refracts its light into the full spectrum of the rainbow. The DNA codes are supposed to be infinite, reflecting the infinite potential for the body's evolution and the subsequent evolution of human life. Through interferences and reprogramming from many negative sources, the DNA has been damaged in most of humanity.

These restoration and activation codes will stimulate the pineal gland, which in turn will stimulate the DNA and work to reprogram and enhance according to the divine ideal blueprint for mankind. The DNA will be clarified and the codes will be restored, so that Higher Self energies are translated into light flows more clearly to all the cells of the body. The center of each cell will be restored to the Light of Self, which will reflect one's identity in the body more strongly. The activation will evolve the DNA structures, which in turn evolves the body and a person's life. The DNA also remembers perfection; a strong DNA system translates into health and wholeness.

The DNA is also the vision instrument by which you can see or sense in another person's body—it is your inner vision. So the activation will help you to tune into what is going on in a client, for example. It gives you discernment, so that you can really see what might be going on, in spite of what the client may tell you or despite symptoms that may be confusing.

Over time, repeated activation will impart a stronger sense of identity that is continuously evolving, purpose and coherence, clarity of thought, understanding of Divine Law, morality and conscience, problem solving abilities, intuition, ability to self-reflect and know truth, ability to have grander vision, attunement to beauty, truth, and self, divine gifts according to your soul mission, such as clairvoyance, clairsentience, prophecy, etc.

### ***3. Nervous System Restoration and Activation***

This is a restoration and activation of the medulla oblongata, the master of the nervous system, which is the body coder. The nervous system enables FEELING in the body.

The ability to truly feel deeply has been lost to many and as a result people have lost a connection to their soul. Feeling *is* the language of the soul, as well as the means of communication with spirit and life. In feeling is conveyed by the soul, a vast amount of intelligence to support the life you were intended to fulfill. Without depth of feeling, life itself will lack depth, meaning, and divine intelligence and guidance. Feeling is positive; all true feeling is joy. Therefore an activated nervous system means you will feel positive and buoyant in life.

This activation will also enable you to feel other people's bodies as if they are your own, so that you get information about what is going on in them. This is very useful as a healer to be able to diagnose clients, because you can experience what they are feeling, which conveys information about what needs to be addressed in order to successfully support their healing.

Beside the most useful enhanced ability to feel deeply and unite with your soul, over time the medulla activation will also impart greater calm and equanimity, greater positivity, greater warmth of being will emanate from you, and it will regulate sensitivity (so you will be less sensitive or irritated by things around you).

### ***4. Align Your Practice With Your Soul Mission***

This activation supports a more complete integration with the soul. It helps to more deeply align your practice and world service work with your soul's mission. Specifically, it will help you find your true calling in all aspects of your practice—from the modality you use to the way you practice and the clients you support. You may find over time that your methods adjust in certain ways that will lead you to new discoveries

and understandings. However things adjust, you will be more deeply in attunement with your soul and what you have come to do.

When aligned, life also becomes easier as full support from spirit realms begins to flow powerfully and unimpeded.

#### **5. Align Yourself to the New Creation Structure**

The new atomic structure is the *Ever New Joy* creation with new divine universal laws that ensure that everything is moving to ever new joy, beauty, truth and love. It moves us away from the *pain signature* to the *joy signature*, making it far easier for a person to stay firmly rooted in reality and not get sucked into illusion. It is the state where nothing can be done that is harmful to any of part of the system, and so upholds the greatest good of all—on the level of the self as well as others and the planet. It promotes increasing self-sovereignty and a return to the Self, where *evolution is involution* toward infinite beingness.

While we are all being aligned to the new creation structure and new coding that is passing into the planet, it occurs in accordance to our receptivity. This activation will accelerate your receptivity and support you to understand it more consciously, that you can tap into its power more directly.

#### **6. Accelerate Your Practice to the Next Level**

This activation will support you to take your practice to the next level. The coding is infinite, and so there is no limit to the level that you can reach in your practice or world service work. You will be given insights and attract situations and events that will support you in this regard. You will also be impelled to do new things that will help to take your practice ever deeper.

#### **7. Attract Clients that Can Benefit From Your Work**

This activation will magnetize you to clients who will benefit from your work. It will help to make you ‘recognizable’ at a deeper level, to those whom you can assist on their journey. You will find that your work feels increasingly effective and meaningful, as clients will appreciate and value what you have to offer. There is not much fun in working with clients who are not ready for the gems you have to offer. You can probably adjust for those clients, but it is far more exciting to attract clients who will keep you growing and deepening your work as well! The activation works to attract as many clients as you can comfortably help in significant ways that will result in mutual benefit, however you can specify numbers or be more specific in qualifying things, according to your preference. And you can change your qualifiers at any time too.

#### **8. Ensure Energetic Shielding From Clients**

This activation gives you energetic shields that will prevent you from being adversely affected by your clients or the people you interact with. When you remain intact, you can

be effective in your work and your radiations will be purely your own. You will still be able to feel your clients' stuff, but it won't affect your energy in any way, making you more effective *vibrationally* to support a shift in them. This shield is not only to make you more effective in your work, but also for your personal benefit!

### **9. Clarify your Role and Understanding of Healing**

This activation will help keep your relationship with your practice and your clients pure. It will help you to clarify your role in your practice or world service work, so that you don't build a false identity around it, taking credit for all that transpires. You are not healing clients, the God-power within them is the healer. You are here to facilitate this process, so that they can activate this power within. Healing is by the grace of God that can emerge from within each being. If you feel you are doing it, your ego will get in the way and you will prevent yourself from deepening your practice and your healing gifts. Healing is to make whole, and only our deepening connection to God within makes us whole. The effectiveness of your work as a healing facilitator will grow in measure as you move the 'small you' out of the way and fill yourself with the Presence of the Creator, becoming the channel for His grace to flow through.

Another aspect to this is that if you believe you are doing the healing, you will be giving your energy away to your clients. You will be depleting your energy as you work with clients, and will feel drained from the work. This cannot sustain a growing practice, and you end up in burnout. Moreover, it is not true healing as it does not uphold the good of all, and so does not uphold the good of any!

This activation will help you to understand at a deep level that you are here to stimulate the power in your clients, which will effectuate the healing. As you support healing in this manner, you will remain perfectly energized throughout and your own healing power will also be stimulated. All healing in self-healing! The healing intelligence is not your clever intellect, but the very power of God and Nature, which will move through both you and client.

### **10. Enhanced Ability to Get to the Core of Issues With Clients**

This is a wonderful activation that will ensure that you are not only doing 'surface healing' but are getting to the core of issues with clients. If you are working in some other capacity, it will ensure that you are working at deeper levels of causation so that your work can have an impact on evolution.

As a healing practitioner, you will be guided to move away from the symptoms or manifested expression of illness or issues and get to its origins. The activation will support you toward abilities to find and address core issues, and you will be given assistance at all times in your work. In this manner, all your work will affect the deeper levels of causation, and true healing will be possible.

### **11. Proper Structuring of Energetic Time/Space With Clients**

This activation will ensure that your time with clients is properly structured energetically. It will help you to increase your presence with your client during the time you are with them, and ensure you have free energy space when the session is over. You will be cleanly disconnected from clients when the session is over, and they will not be able to come energetically into your field after session's end. In this manner there is no possibility of being drained, and you will have free energy space at all times that you are not with clients. Your client may still come to mind at some other time of day, but it will happen consciously so that you can respond as you see fit. If you see many clients and have not been in the habit of disconnecting and maintaining integrity of your energetic spaces, you will notice that you have greater presence in session work, more energy and clarity over time. This activation works hand in hand with the Protection images in this package.

## **12. Ensure Non-Replication of Client Imbalances in Your System**

Even with good energetic shielding, you can still replicate client imbalances in your system. Shielding ensures that other people's energies do not enter your fields, but it does not block you from replicating the negative patterns of others. While you can view someone from a protected space and not be directly affected by them, it is still possible to observe the state of their system and start to replicate it.

Replication is automatic in most children who have not shut down. So many people replicate by habit, due to incorrect beliefs (e.g. misguided beliefs about empathy), enmeshment, learned behavior, resonance with your own unprocessed stuff, etc. So if a person is sad, for example, you may look at them from protected space, but you can still feel sad because you are starting to replicate their current state. Perhaps you feel it is the correct response and you've never considered how to maintain your emotional state intact when others are upset.

Replication is a learned response that is largely unconscious. Have you ever noticed how yawning is 'contagious', for example? This is unconscious replication. Epidemics can also have an aspect of unconscious replication at play. Mass consciousness trends also occur largely by replication. But the best examples can be seen with children—they will replicate the energy patterns of their parents, and mirror a lot of their unconscious stuff. They will also replicate what they watch on TV, and will 'act out' the influences around them.

This activation will ensure that all that arises in your system comes strictly from you. Instituting these non-replication codes ensures that even if you are observing someone whose thoughts and emotional patterns are wildly distorted, you will not be affected because you will not replicate those patterns. Non-replication enables you to be immune to the state of the people around you, and ensures that you only replicate patterns your Soul approves of. This enables you to move among people and stay free and aligned with your own evolutionary journey. **These non-replication codes are foundational support to realizing self-sovereignty.**

## ***Support Through vibrationally Encoded Images and Affirmations***

### **The Need for Protection as a Healer or Lightworker**

Healers and lightworkers are perhaps most vulnerable to picking up negative or distorted energies, because they put themselves out there to anchor in greater love and light on this plane of existence. Sometimes the love and light held by the lightworker, healer and starseed is energetically noted and tagged and monitored by less-than-love forces who may seek to interfere with your mastery path. As the planet is clearing quickly at the astral and causal body levels, both the light and the dark side intensify and it can be challenging.. In addition some other sources of negative energies may include: from the clients a practitioner may work with, loved ones, the social environment, office and work place and so forth. Even if you had lofty intentions as you chose to incarnate, these may not come to pass if your light quotient is compromised in the course of earthly life. As a healer, it is not enough to have good intentions in your work—if negative energies are present, then you cannot help but take them in and pass them on, unless you are taking precautions against this. And you need to be extra careful because you are in a position to impact larger numbers of people.

Prayers of protection help, but they do not confer 100% protection. So the best thing to do is a combination of steps to ensure that you are continually shielding yourself, as well as clearing anything unwanted that may have gotten through. In addition, you must use discernment in your work, in what you study, and the activities with which you engage your time.

As a healer, if you work with specific modalities that leave you drained, irritated, or doubtful, for example, you might consider probing more deeply. Any time that you feel drained energetically usually means you are doing something or interacting with someone that negatively impacts your energy – it is a wakeup call the soul uses to let you know that something is occurring that is dragging your vibration down. Personally I work with a number of modalities and have consulted with Rama (co-developer of the Inner Mastery Tools) on all of them. As it turned out, some of them were distorted through human error, and this was affecting the work. They have since been cleaned up and completely aligned to light and truth. I mention this to highlight that this does happen. As people use modalities, their understandings can get added to the thoughtform and mess up the original intentions. All modalities need to be shielded in such a way that only what is aligned 100% to love, light and truth can be added to them. We have been meticulous about this in developing the Inner Mastery Tools.

Interaction with clients, mentors, colleagues, and loved ones is another way that you can pick up negative energies. It can be in the form of direct psychic attack, or less damaging yet still annoying transference of less-than-love energy frequencies. And unless you are very sensitive to such things, chances are you will only notice a change of mood and

perhaps an increased level of irritation. Psychic attack is generally not even deliberate, but rather at higher dimensions of being.

Many starseeds are empaths who easily take in or on the emotional energies around them. In fact, many of them operate at the level of the heart primarily, and may not have developed methods to be selective about what they will allow in and what is simply destructive. They can quickly get into states of overwhelm and overload and often disconnect and shutdown..

Some healers will take on the energy of clients as a means to support clearing in clients, and that approach can leave a person wide open to a lot of unwanted energies, unless they really know what they're doing! This does not help the client, as it does not take it away from the client, but rather just spreads the distortions further– to YOU! The best workaround for this is to no longer *blend* with the client, but to work on the '*client in you*'—from the point within where you are merged with *All That Is*. You can safely clear clients in yourself, and they will receive the healing frequencies by magnetic resonance, as you radiate the shifts within yourself. Another alternative is to work on clients remotely – connecting with the Creator and asking the Creator to assist the highest level monad of the clients (this is Bill's approach).

Even if you don't blend with clients in this manner, there is still interchange of energies at levels that we are not normally aware of. Therefore, it is important to become conscientious about clearing your energetic spaces before and after every client session.

Protection images include the following:

1. Healer/Client/Co-Worker Transmuter Shield
2. Empathy Transmuter Shield for Lightworkers, Healers and Starseeds
3. Advanced Healing Profiles to Assist Healers to Prepare for Sessions with Clients and to Help them Cleanly Disconnect from Clients after a Session
4. Clearing Cords and Hooks; Cording into Other People's Less-than-Love Stuff and Taking on Other People's Less-than-Love Stuff
5. Clearing, Healing and Releasing Filtering Planetary and Other People's Energy and Replicating Planetary and Other People's Imbalances to Help Others and the Planet to Clear and Heal Those Patterns, and Unconscious Replication of Planetary and Others' Imbalances

The activation audio also contains additional activations for protection, to ensure the following:

- Energetic shielding from clients;
- Proper structuring of your energetic time/space with clients.
- Non-replication in your system of client imbalances and dysfunctional beliefs.

## **1. Healer/Client/Co-worker Transmuter Shield**

This image contains codes to clear any less-than-love energies that you may pick up from working with clients, colleagues, or any people you interact with. The clearing works in both directions—those originating from you and those from people you interact with. They go after less-than-love energies, vibrations, patterns, influences, beings, cords, hooks, implants, and devices that get triggered when working with clients or coworkers, or from the business or organization you may be involved with.

It will also create an energetic shield around you, making it more difficult for any negative energies to enter your space. The shields operate from the planetary, solar, galactic, universal and cosmic spaces levels.

### ***Trigger Affirmations***

- ❖ **All less-than-love energies from others to me or from me to others are automatically transmuted to a blessing of love.**
  - I release with love any less-than-love energies, beings, and influences that I picked up from working with clients and other people.
  - I am consciously choosing to admit only energies that are 100% aligned to love and light into my energy fields.
  - I am aware of my personal energy level at all times. As soon as it begins to drop, I ask the Creator to help me release any less-than-love energies in my experience.
  - I empower the highest-level aspect of my monad to automatically transmute to a blessing of love, all less-than-love energies from others before they enter my energetic spaces and to send them back to others as a blessing of love.
  - I release any weaknesses or allowances that support or create a doorway for less-than-love energies to influence me in any way whatsoever.
  - Everyone around me is in support of me, and I support and uplift everyone I come into contact with.

## **2- Empathy Transmuter Shield for Healers, Lightworkers and Starseeds**

Many healers, lightworkers, and starseeds are empaths who pick up a lot of less-than-love energies from being around people or simply from vibrations in the things they come into contact with in the course of daily living. The codes in this image help clear all these energies that originate from interactions with others, daily living, and mass consciousness programming.

Empathy has two parts to it—the first part is being sensitive to or able to pick up on the feelings and thoughts of others without having to have it be explicitly communicated, and the other is the ability to *experience* those feelings and thoughts. While this is a most useful capacity, care must be taken lest the *experience* of those feelings and thoughts negatively affect your energy and cause unwanted programming at a subconscious level.

If you are dragged down by your clients' stories and situations, you are not handling things in a way that serves the highest good of all. If your clients are reprogramming you with dysfunctional beliefs, then you will be no good to them at all.

The Empathy Transmuter Shield assists healers, lightworkers and starseeds to stay detached/non-attached, calm, clear, neutral and sovereign no matter what is going on around them. As soon as you get sucked into drama, you are contributing to the problem not the solution.

A more useful response once you have picked up on other people's stuff is to consciously engage compassion, which is sympathetic understanding of their distress along with a desire to help them *if they are open to it*. With compassion, you do not enter into the experience of another's dysfunctional pattern, but rather remain in a state of consciousness or vibration where that dysfunction cannot exist. You can see and understand it, yet you cultivate a vibration such that that dysfunction is purely illusion—it is temporal and not the reality of the *more true* person you are looking at.

A cautionary note on wanting to help others: you are not here to rescue others, because that implies that they are helpless. It does not see people in their wholeness. I believe this is a lesson that every healing practitioner must go through in the course of their work. More will be said on this in the next category of images.

The Empathy Transmuter Shield will help you to utilize the capacity for empathy in a positive way, without taking on the negative energies of others or allowing yourself to be reprogrammed by them. It will shield you from unconsciously picking up stuff from others, and when you consciously pick stuff up, you will become increasingly aware of how to work with it in healthier ways.

### *Trigger Affirmations*

#### ❖ **I have compassion for other people's pain yet remain detached. My perceptions dispel stories, and sow truth.**

- I am sensitive to the pain and needs of others, without getting drawn into their illusions.
- I release with love any negative energies I pick up from others, the planet or from any activity I am engaging in.
- I release my need to understand people by taking on their energy.
- I remain detached from all drama, and choose to embody the undoing of all illusion.
- I serve others by seeing only Truth and the Reality of our god selves.
- I see everyone's story as temporal. We are not our stories; we are eternal Sons and Daughters of God.
- I dwell in my wholeness, and see others as whole and healed.

### **3. Advanced Healing Profiles to Prepare for Client Sessions and Cleanly Disconnect**

This image contains many healing profiles to prepare you to work with clients and to cleanse yourself after a session. For example, it clears your energetic spaces and those of your client. It clears all that may be in the way of you being more fully present to focus on clients (e.g. your personal stuff), and all that may get in the way of your being able to help others.

Upon disconnecting, the profiles will disconnect you from your client at all levels of being in every dimension of existence, lingering only in exceptional circumstances deemed appropriate by the Higher Self, and clear out all less-than-love energies that have come from your client or from you to your client. It will ensure that there are no hooks or cords between you and your client, and that nothing that is not-you remains from the session.

Doing this clearing between sessions is very important, as you may have picked up stuff from a client that you will then pass on to your next client. Many people are not so energy-sensitive that they can detect these things. But those who can will feel areas of denseness or weird energy in healers who do not cleanly disconnect and cleanse after a client session. Over time, this will adversely affect your work and personal evolution.

You may want to hang this image up in your office or have it a binder that you can access easily before and after clients. Then simply look at it for minute or so as you prepare to work with a client, and a minute or so after your client is gone as you disconnect from them. If you see clients one after another, spend a few moments between clients with the image. You should also spend a few minutes looking at the image before you start seeing clients in the morning, and then at the end of all your sessions. This will help you to integrate the frequencies of the image, so that when you glance at it between clients, it will be fully effective.

#### ***Trigger Affirmations***

❖ **I am always energetically clean to work with clients, and I disconnect cleanly from clients' energies at the end of a session.**

- I am fully present in my god self when I work with clients and co-workers.
- My ego and personality self is kept out of my work with clients.
- I am energetically impeccable as I work with clients.
- I am always calm, detached, neutral and transparent when I work with clients or interact with others.
- I clear, heal and release with love any less-than-love energies or programs that get triggered in me when I interact with others.
- I empower the highest aspect of my monad to release with love any energies from others once the connection or interaction is completed.

#### ***4- Clearing Cords and Hooks; Cording into Other People's Less-than-Love Stuff and Taking on Other People's Less-than-Love Stuff***

The frequencies in this image are geared to clearing cords and hooks, as well as all patterns and beliefs in a person that allow the cording to occur in the first place. We allow negative etheric cords either consciously (e.g. through codependency, manipulation, or past relationships that we have not cleared) or unconsciously (e.g. mimicking our parents or teachers, genetic or past life tendencies, negative influences from mass consciousness). These cords fetter us to negative patterns that are continually fed by things external to us that we have no control over. They often represent blind spots for us, which are continually strengthened through the cords.

Using this image will strengthen you and instil healthier patterns that will prevent future unhealthy cording. Taking on other people's stuff points to limiting beliefs about the self and our right and responsibility to being sovereign in our life. This image will strengthen your sense of sovereignty as something to cherish and cultivate.

This image will also assist anyone who is going through a difficult time with a partner, friend, family member or loved one. Often we are corded into the energy of the people we love and this can be very painful at times. Just looking at this image will assist you to become stronger in your own energy and more sovereign and less tied into someone else's energy.

#### ***Trigger Affirmations***

#### **❖ I am clear of all hooks and less-than-love cords with others, as well as all patterns and beliefs that have allowed negative cording in the past.**

- I release with love all co-dependencies and tendencies to manipulate others.
- I release with love all less-than-love cords that bind me energetically to another person, place, time or event.
- I now choose to block all negative influences from the collective unconscious and other hidden sources.
- I no longer unconsciously cord into other people's energy and stuff.
- I am discerning and remain autonomous and sovereign whenever I interact with others, including mentors and teachers.
- I release any guru or healer hooks and cords from my clients and the people I serve.
- All my etheric cords to and from others are 100% aligned to the Light and serve the highest good of all.

***5. Clearing, Healing and Releasing Filtering Planetary and Other People's Energy and Replicating Planetary and Other People's Imbalances to Help Others and the Planet to Clear and Heal Those Patterns, and Unconscious Replication of Planetary and Others' Imbalances***

As mentioned above, some lightworkers and healers purposely take on another's imbalance and clear it in themselves as a way to help another heal it. But this can also occur less deliberately, for example when a healer contemplates on their client's issues after a session and is not disconnecting cleanly each time or has misguided notions about how healing works and so is allowing replication at some level. Also many lightworkers and starseeds who are not yet awakened tend to do this unconsciously with people and with planetary disruption. They absorb all the dysfunction around them and then feel overwhelmed by it all. Children do this unconsciously all the time, and this is why it is so important as a parent to be deliberate with influences you will allow into your child's life.

Earth is raising its vibration and ascending and many of you reading these words were drawn to incarnate on this planet at this time to assist – to help Earth to make this great leap forward. Many lightworkers, healers and starseeds have world service contracts with the Creator to assist the planet to clear out dense energies so it can ascend with ease and grace. Often lightworkers and starseed take on dense planetary energies when they do not have the skills to clear and release these energies from themselves. As the planet releases density it can be quite challenging for them. This image helps to transmute with ease and grace any less-than-love planetary energies the lightworker, healer and starseed may have inadvertently taken on. And many healers take on less-than-love energies from their clients all the time without realizing it.

This image will clear the tendencies to replicate other people's and planetary imbalances out of empathy, misguided ideas about healing, or lack of conscious awareness. It will impart new understandings of healthier ways to support healing and will help a person cultivate sovereignty and conscious deliberate choice as to what is admitted energetically.

***Trigger Affirmations***

- ❖ **I release with ease and grace any less-than-love energies I have replicated in myself from others or the planet, and all tendencies to replicate such energies again.**
- I am sovereign over my energy fields and choose to keep them intact from all less-than-love vibrations.
- I choose to heal others without directly and physically taking on their imbalances to understand and transform them.
- I honor, cherish and nurture my body.
- I release with love all less-than-love planetary energies I have taken into my energetic spaces.

## Clearing Dysfunctional Behaviors and Cultivating Healthy Patterns as a Healing Practitioner and Lightworker

It is so important for lightworkers and healing practitioners to cultivate healthy boundaries and holistic ways of viewing dysfunction and disease that will be empowering to clients, family and friends. If you believe in pain and suffering and see people in need of being rescued, then that might make you the savior. The moment you give in to the temptation to rescue and save others, you are pulled away from a state of sovereignty, neutrality and detachment and become an actor in yet another duality/mass consciousness drama. If you feel sorry for your clients' problems, you are not seeing them as empowered beings but rather as being defeated by their challenges in life. The best way to perceive your clients is through the eyes of God, with innocent perception, as created in the image and likeness of God, seeing beyond the temporal conditions that present themselves in their delusions of life and who they are. If you share in their delusions you strengthen them, and will thus be of no help to clients!

The more you allow the divine Presence to work through you, the more effective your work will become. When you have fixed ideas on outcome or how healing should look, for example, you are restricting the power of your work and may be impeding the process toward the highest good of all. Likewise, with fixed misconceptions about healing, you will be restricting the possibilities that are available.

As well, self-doubt, mistrust of what you are sensing, etc. puts the focus on the 'small you'—as though you are the one upon whom all are waiting for healing. Yet there can also be so much desire to be intuitive and *know*, perhaps in order to feel special or validated in some manner that this mistrust and self-doubt is because you have intentions that are misaligned.

And there is also the tendency for some to downplay what they can do. You may be restricting yourself by thinking you are only a massage therapist, physiotherapist, nurse, etc., yet if you will imagine having a larger impact and not keep yourself small, you will be guided to methods to impact clients in much deeper ways. There is not a practice in which you interact with people that will not serve as opportunity to impact deeply and support transformation, if that is your intention. You are at choice as to how much of a healing impact you wish to have. And I'm not speaking of the need to get more training either; I mean by your compassionate presence and your vibrational frequency, there is no limit to what you are capable of. Self-doubt is a destructive emotion that keeps us small. It is tied into the need to do things 'right'. The antidote is to surrender to the *god in you*, realizing that being anything else *is* being small and without resources. In perfect alignment, however, all possibility opens up to you.

This series of images covers a broad range of themes that are relevant to most healing practitioners, lightworkers and starseeds in the course of their professional, personal, and spiritual evolution. For many, it will be necessary to move out of the comfort zone of anonymity and acceptability, and into unknown territory in order to manifest personal vision. The images support clearing dysfunctional patterns that keep us small, and

cultivate healthy, holistic patterns that foster a deeper connection to the truth of who we are. The images are:

6. Advanced Healing Profiles for People Pleasing and the Need to Save/Rescue Others
7. Releasing Your Attachment to a Desired Outcome/Result
8. Enhancing Your Integrity when Working with Others
9. Advanced Clearing, Healing and Transmuting Profiles to Clear and Release Giving Your Power Away to Others or Assuming Power Over Others
10. Advanced Healing Profiles to Clear Lightworker and Healer Self-Sabotage and Doubt/Mistrust of their Abilities to Help/Serve Others
11. Clearing Blocks to Getting Your Healing and Other World Service Work Out into the World
12. Advanced Healing, Clearing and Transmuting Profiles for Limitation Profiles and Limited Thoughts, Beliefs and Thought Forms Around Healing and World Service Work
13. Enhancing Your Ability to Heal Yourself, Others and the Planet

The following activations in the activation audio also help to cultivate healthier habits:

- Clarifying your role and understanding of healing;
- Non-replication in your system of client imbalances and dysfunctional beliefs.

#### **6- Advanced Healing Profiles for People Pleasing and the Need to Save/Rescue Others**

Needing to rescue clients or other people in your life is exhausting—you will have poor boundaries and your sense of validation and self-image/worth will be tied into whether or not you have rescued and the other person is satisfied. This promotes neediness and thus disempowerment in both you and your clients, and will be energetically draining for you. Furthermore, needing to rescue presupposes that you know what is best for your client, and that simply is not true. Each person has a unique lens on reality and a path of evolution that will serve their highest good. Healing an illness may not be possible for a client at their current state of consciousness, and unless *you* embody the consciousness that precludes the possibility of that illness for yourself, you cannot be of any good to them in that regard, beyond perhaps providing some relief. So don't knock yourself out toward a goal that is misaligned and not even possible!

When you release the need to rescue, you will feel much freer in your practice—you will have increased integrity and clearer boundaries, you will receive greater guidance about ways to empower your clients, you will find it easier to charge for your services, etc.

Most healers have a genuine desire to be of service to others. When that desire is not rooted in wisdom, it can be distorted into behaviors of people-pleasing, martyrdom, always putting others' needs before one's own, resulting in self-neglect and lack of self-nurturance. This upholds hierarchies of importance that are dishonouring to all. If you do not honor your needs, you can't possibly help another achieve self-honoring and self-

nurturance. Again, as you heal these patterns and honor and fulfill your needs, you will move to greater wholeness and integrity.

Another related issue with people pleasing is with clients who are seeking sympathy. While you can certainly show compassion for their condition or situation, you must not get caught up in feeding their need for sympathy. Many who feel like victims and are resistant to change will seek practitioners who will indulge their delusions by validating the victim reality they are creating. Healing is to ‘make whole’—when you share in client delusions you become part of the force of separation from wholeness. This relates to the issue of maintaining integrity, discussed below.

The core of co-creating heaven on earth and a life that works is a firm foundation of self-love, trust, acceptance, esteem and worth. People pleasers often are so attached to pleasing and making others happy that they ignore their own needs and evolution. Ironically, indulging in people pleasing often depletes a person’s personal energy level so that they have less to offer not only themselves but also the other people in their lives who they originally hoped to satisfy. Looking outside yourself for validation is always a losing strategy, as the outside as an independent reality is an illusion. Your outer life is a direct reflection of your inner life – your inner life and consciousness determines every aspect of your outer life. You can only fulfill yourself *in consciousness*, from within. And true fulfillment comes from being in your wholeness, which is being god-realized.

This image will support clearing of the patterns of people pleasing and rescuing/saving that make you needy of your clients and promote neediness in them. It will work to fulfill all your issues of self-worth and validation, so that it becomes easier to adopt healthier patterns. And it will nudge you with insights and understandings on the importance of honoring yourself and others and supporting true empowerment through a realization of your wholeness and the Kingdom of God within.

The best healers are those who realize that all their work is self-healing. Similarly, the most effective lightworkers are those who focus primarily on maintaining and evolving their own level of light. As you find ways to empower and shift your clients, you strengthen your conviction and consciousness of the immense power of surrendering illusion to ever deeper levels of truth. In the process, you cement your beliefs in the one power that is inherent in all of creation—call it love, life, light, truth, or God, as it is all of that and more. Therefore your work with clients moves you to greater wholeness, and simultaneously dramatically increases your effectiveness as a healer. This is healing by magnetic resonance—your clients shift by the radiations that you emanate that are useful to the transformation of their issues. As a lightworker, it is through your own vibrational frequency that you help to anchor greater levels of light on earth.

The best way that I know to enter into true healer consciousness is by practicing the principles as taught by Joel Goldsmith, Ho’oponopono, the Course in Miracles, and so forth, which are captured in the techniques of the Accelerated Breakthrough Methodology. The AB Methodology focuses on practicing the Presence, and undoing illusion by bearing witness to the one and only reality of God—as you do this, you

strengthen ‘*God in you*’ and radiate the healing energies that will transform the illusion around you—be it a client’s issue, a personal life condition, tension in a relationship, etc. The AB Methodology will be available in summer/08 on the Inner Mastery Tools website ([www.innermasterytools.com](http://www.innermasterytools.com)). A practitioner training module for the AB method is also planned.

### *Trigger Affirmations*

#### ❖ **I am whole and fulfilled within, and am content to be a channel for the Creator in all that I do.**

- I have healthy boundaries in my work and am not swayed by clients’ agendas.
- I see everyone in their wholeness; no one is in need of rescuing.
- I am not here to rescue and fix people, but rather to teach and empower them.
- I am firmly rooted in love, trust, and acceptance of myself.
- I release all programming around pleasing others at my expense, and recognize that this serves no one.
- I choose to help and serve others through empowering myself.
- I am a sovereign being and I respect the choices and consequences made by all other sovereign beings.
- I am wise and discerning as to how I can most empower others without saving them.

### **7- Releasing Your Attachment to a Desired Outcome/Result**

This issue is somewhat related to the previous one, though different enough that it came as a separate download of frequencies. It addresses more specifically the situation of having fixed ideas about what ‘healing’, your world service, relationships, beliefs, feelings, or indeed what anything should look like. When we find that we are attached to an outcome for any area of our life, we cannot be clear, detached, neutral and at peace with that area of life. Our attachments to a desired outcome or result are often a judgment or preference created by the mental body, the ego and subconscious minds and the personality self. By clearing, healing and releasing our desires to an outcome and result we can surrender to Spirit and allow the Grace of the Creator to transform that area.

As a healing practitioner, you will be most effective when you align as completely as you can to the Will of God and serve the highest good of all. While you may think the highest good is healing a disease in a client, for example, the disease may be there to catalyze other changes in the client’s life, and ‘healing’ is much more about bringing that to the client’s awareness and helping him or her integrate the desired shifts in consciousness. You may believe a client should stay with their partner and work things through, but healing may be the courage for the client to make a healthier choice of leaving the relationship, or vice versa. Understand that the impulses and influences guiding a person’s life are hidden from you, and you are not in the best position to know what may be for their highest good.

Whenever a healer, lightworker, or starseed or indeed any sentient being in this world interacts with another person, a lot of energetic information is passed back and forth between the souls of the people involved. A lot of times the soul uses the personality and mental body to arrange a meeting between two people that need to connect for their personal and spiritual evolution. Whenever Bill Austin does remote sessions with a client, he often finds that the real reason for the session is something altogether different than what the client intended by ordering a session. They almost always need more things than is requested and Bill surrenders this to the Creator and the highest aspect of the monad of the client to figure this out. Often when you are attached to an outcome, you heal the tree but not the forest. There is so much that we do not know about a client's situation that it is arrogant for us to determine what the divine ideal outcome might be

I have had situations where I did not hear from clients after a few sessions, and I was not satisfied with what was accomplished. Yet an email a few months later from the client reveals that our work transformed their life in ways that led them to further evolution. I thought I should and could do more—yet as it turns out, the client went on to heal in the manner most appropriate for them and our work acted as the perfect catalyst. Since having experienced this a number of times, I have since relaxed about my personal desires and know that clients will get from our session exactly what they are looking for.

When you release all attachment to outcome or specific results, you become more objective in your work, allowing for stronger inner guidance to come through. With fixed ideas, you are leading the sessions mentally to a large extent, and that is definitely not a powerful space to be in.

Releasing attachment to outcome does not mean that you simply wait passively for Spirit to move through you—quite the contrary! It entails far more proactive effort and great dedication to choose to express your higher nature through everything that you do, rather than settling for 'clever' ideas that tend to come from the realm of 'dead thoughts'. We are talking about striving for an *active* and ever deeper alignment with the Higher Self.

Another aspect related to the effects of this image is when clients have fixed objectives that may not be in their highest interest—this also is tied into the issue of people pleasing. As a healer, you must not allow yourself to get caught up in trying to please or perform for clients. While they may want to leave their spouse and vent about all the injustice they have been through, for example, you must work in full integrity to allow for true healing to occur. And that will include your having to help them perceive things through the eyes of their spouse and see with innocent perception, wherein there are no culprits.

The frequencies in this image will help you release attachment to outcome and specific results, and will support you to draw from a larger knowledge base in your work—one that is not accessible with the intellect leading the way. It will also help you remain open and truthful as you formulate ideas about how best to support your client. You will feel less attached to proving your theories right. As well, it will help you release the need to know. Sometimes we don't know how to help a client, and the best approach then is to

admit it and surrender the work completely to God (again, we mean *active* surrender). This image and set of affirmations helps to clear all the stuff out of the way that prevents you from manifesting your Highest Self nature in your work, to ever greater degrees.

### *Trigger Affirmations*

❖ **I release all attachments, judgments, expectations and preferences, that Spirit may work through me unimpeded.**

- As I surrender all personal agendas, I open to the Grace of the Creator in all areas of my life.
- I actively align completely with the Will of God and thereby always serve the highest good of all.
- I am here to catalyze positive change in others.
- I surrender the outcome of my healing and world service work to the Creator.
- I remain objective and open to hearing the voice of my inner guidance.
- I release the need to know, and am content allowing the Creator to work through me.

### **8. Enhancing Your Integrity when Working with Others**

The issue of integrity with clients has been discussed in the context of the previous two images in relation to remaining true to your beliefs and insights as a healer and not allow self-validation or other personality or ego programs to interfere with your ability to discern the truth and to do what you feel is in the client's best interest. Lightworkers, starseeds and healers have incarnated on this planet to be authentic—largely to model energetically a more loving approach to take and the path of the heart rather than that of the mind. In order to be authentic, you are constantly moving to a space where every area of your life is aligned to who you are at the soul level. It is also about congruency – being who you are at all times no matter where you are or who you are interacting with. So many people are one person in the office, another person while driving, another at church and another when at home. So many divided sub-personalities need to be integrated in order to have a stronger sense of self.

There are other aspects of maintaining integrity, which include being true to your mission as a healer and remaining discerning in your use of established healing modalities. I have known healing practitioners to come to certain conclusions as well as to apply certain processes and not be able to explain to me why the conclusion or why or how these processes might work. Blindly adhering to structure or what you learned with a modality, without connecting more deeply represents lack of discernment, and loss of integrity as a healer. Having processes lead the session rather than your intuition and feeling will not lead you to growth and discovery. Your power as a healer comes from your connection with the Creator within you—if you are not creating that space within, you are merely acting as a technician.

Another aspect involves withholding information or techniques from your clients, in an effort to promote client dependency on your services. This distorts your work and opens it up to negative energies. The best healers are those who empower their clients toward self-healing. I've seen similar things happen in teacher-student relationships, and the work that may have started out as promising quickly gets distorted by power structures that do not uphold the highest good of all. There is a fine line between intentions to maintain original teachings intact, and wanting to retain exclusive power and control over them. If you use people for your own glory, you are impeding the glory of God from expressing in the world. The standard to live by is whether you are promoting the increase of life and empowering others to discover their own truth.

This image will support you toward greater integrity, by clearing negative personality or ego programs that may be interfering, and bringing to clarity areas where you may need to become more conscious and clear, and aligned to the principle of increase of life and upholding the highest good of all.

### *Trigger Affirmations*

#### ❖ **I am true to myself and in integrity in all aspects of my work and my life.**

- My love and commitment to truth is inviolable.
- I let my heart lead the way in all that I do, think, and feel.
- I live authentically from the love that I am.
- My soul continuously rejoices and unites with my experience as I engage in life from the love that I am.
- I am in harmony with myself and transparent and open in life.
- I am impeccable in my work and use discernment at all times.
- All of my interactions with others reflect a high level of integrity.
- I am empowering to all the people in my life.
- I honor the inner divinity of everyone I meet, work and interact with.
- I am devoted to showing forth the glory of Creation in life.

### ***9- Advanced Clearing, Healing and Transmuting Profiles to Clear and Release Giving Your Power Away to Others or Assuming Power Over Others***

Giving power away is related to the issue of integrity as well. There are many ways in which you may give your power away. One is with lack of discernment when you learn new techniques. It can happen by following the advice of a mentor, and not tuning in to your inner guidance. It can happen by allowing a client to dictate the therapy session, giving them what you think they may want from you rather than what you feel to be in their highest good. It can happen by stifling or denying your inner guidance because it might not be popular among a group, or because of self-doubt that you could possibly be capable of bringing forth new and unique ways of doing things, etc.

Many lightworkers, starseeds and healers are energetically different than most of humanity and most people recognize this at some level of their being. This planet has a very long history of people giving away their power to spiritual gurus, priests, or people who are psychic and gifted. When a person has a high degree of love and light, it is very tempting for people to want to give their power away to them, feeling safe and justified in doing so. But there are no circumstances under which we are to give power away. In the Course in Miracles it is clearly stated that we are not to be in awe of Christ, for Christ is our brother, and awe is reserved for God alone. Allowing this type of adoration can be tempting.

Another issue relates to the fact that so many clients just want to be fixed rather than do the inner work to really transform the core issues they are challenged with. So they will often approach a healer as someone who has the power to heal them. But no one has that power—healing comes from the God-within. It is important to always remember that if you wish to serve humanity, you will need to help them reclaim their power. If they offer it to you, you must decline and show them how to become empowered themselves. When you allow others to rely on you and look to you as their source of healing, you block their empowerment and hence their evolution—you would do well to ponder on whether that is truly what you desire as a legacy.

This image works with you to help you understand the true nature of personal power. It will clear whatever is in the way of you realizing the full power and potential that is accessible to you at any time, and of recognizing that the power in you is the same power that is in others. It will support you to find ways to empower others. You have unlimited power, so you will always benefit from working with this image, and you will clear self-limitation at deeper and deeper levels.

### *Trigger Affirmations*

#### ❖ **I am self-sovereign, and support self-sovereignty in others.**

- I follow my inner guidance always, becoming increasingly empowered to pursue and manifest my life mission.
- I exercise discernment in all that I do.
- I am at cause for everything in my life and take 100% responsibility for it all.
- I embody love, wisdom, and power in equal measure.
- I empower those who would want to give me their power.
- As I surrender my will to God and am love, I wield the power of the universe.
- The power of the universe is in love with me.

#### ***10- Advanced Healing Profiles to Clear Self Sabotage. Self-Criticism, and Doubt/Mistrust of their Abilities to Help Others***

Many people who would make wonderful healing practitioners or who have the potential for huge world service to humanity can't easily get past their self-doubt and self-sabotage behaviors to make a go of it. I have seen this happen so often. They mistrust and doubt

their abilities, not fully realizing that ability will strengthen as they courageously put themselves out there. You can never truly know your gifts as a healer without going through the experience and the growing pains. Self-doubt, the need to be perfect, and strong self-criticism are all things that stop the increase of life and kill vision. What is needed in these cases is such a strong impulse or desire to work in a healing or serving capacity that that impulse is stronger than any fear a person may have. It may help to know that where there is true desire, there is also the means and the capacity to fulfill that desire.

And then there are those who actively work with clients and have started their world service work and are plagued with self-doubt as well. Every time they grow and expand or launch out in new directions, the self-sabotage, doubt and fears often come back with a vengeance. When you doubt yourself, you will likely be continually seeking external validation. Self-doubt is very destructive and will stop your growth. When you get right down to it, self-doubt is a fear of not being good enough or perfect enough. Well there is no perfection—so long as you are striving and aligning yourself ever more deeply with your Higher Self, you are on the right path of your evolution.

This image will help you align to your true desire and find that strong impulse within you to move through your self-doubt and self-sabotage, and to surrender your fears to God. It will help to clear the fears you may have around harming others, not being good enough, etc. and the avoidance behaviors that you may have adopted. And it will also clear the notion that healing ability comes from you, and open you to new understandings of your role as healer to facilitate God working through you. In this regard, it will clear the arrogance of the ego mind. The image will also instill positive energies of self-acceptance, self-assurance and increasing self-confidence in the purity of your intentions and in knowing that you are supported at all times.

### *Trigger Affirmations*

❖ **I release all self-sabotage, self-doubt and fear, and surrender [my healing practice or world service work] to God.**

- I follow my heart's desire and courageously put myself out in service to humanity.
- I honor the choices I make, and no longer beat up on myself.
- I love, trust, and accept myself as I am right now.
- I nurture my vision unceasingly, but take no thought for the *how* as that is under the agency of God.
- The means and capacity for great works will come as I pursue my heart's desires for my [healing practice or world service work].
- I joyfully and confidently expand my work and embark on new directions according to my inner guidance.
- I release all need for external validation, and am content to know I am guided every step of the way.

- The impulse to fulfill my mission is stronger than all my fears put together! I move through fears with the Grace of God.
- My intentions for [my healing practice or world service work] are pure and driven by my love and devotion to humanity and to God.

### ***11- Clearing Blocks to Getting Your Healing and Other World Service Work Out into the World***

In addition to self-doubt about your abilities, you may have a number of fears around being visible or in the public eye, fear of increased scrutiny, fear of success, or fear of not being understood by family members. Also when you become more visible, self-doubt may turn into feeling like a fraud. As a lightworker you may not have found your vocation yet, and remain confused over your life path. As a healer or starseed you may feel a lot of resistance to new directions that you feel impelled to introduce to the world, and lose your enthusiasm from lack of receptivity to your work. Any number of things may be energetic blockages to getting your world service work out there. This image will work with you to find your blocks to getting things out there or out in a bigger way, and will clear and reprogram so that internally, you are clear to move forward with greater confidence and conviction.

#### ***Trigger Affirmations***

#### **❖ I am ready and willing to fulfill my life's mission and get my work out into the world.**

- I am increasingly transparent and comfortable being visible.
- I welcome great success with my work.
- Others' opinions of me or my work do not impact on my conviction and devotion to my work.
- I follow my inner guidance and the entire universe moves in support of my vision for [healing practice or world service work].
- I am great at promoting my healing and world service work.
- I release all blocks I have to getting my work out into the world in a big way.
- I clear all interference by less-than-love energies, beings and influences that block me from getting my world service work out.
- I know what I came here to do and I do it.
- I use my spiritual and healing gifts to co-create heaven on earth.

### ***12- Advanced Healing, Clearing and Transmuting Profiles for Limitation Profiles, Limited Thoughts, Beliefs and Thought Forms Around Healing and World Service Work***

Many people have distorted beliefs and limitation profiles around the concept of healing. For example, believing that healing takes time is a limiting belief, which does not reflect the truth that healing is a change of consciousness. Time and space are transcended in consciousness. It takes no time to shift in consciousness—such is how miracles occur.

Interestingly, aborigines do not believe that healing takes time and they are known to heal more quickly than people in the Western world.

The placebo effect is proof that belief affects healing. Most people do not believe that they can heal from cancer when they are at the palliative stage, and most do not. The diagnostic and prognostic effect has also been observed—giving people statistics about their disease sets them up to expect similar results for themselves. It is usually those who consciously choose to ignore their prognosis that actually ‘beat the odds’. And so it is that our beliefs about healing will limit what we will allow into our experience.

Another limiting belief is that physical disease requires a different approach to healing from emotional or spiritual unrest. In my understanding, any healing is a return to wholeness on all levels of being. And as a healer, you are limiting yourself if you believe that you can only work with physical conditions or only with emotional, for example. Glass ceilings are another form of limitation—you may be trained as a nurse, for example, so have been conditioned by others to see your role as supporting other people’s work. And there may be very little support from the workplace to really explore and cultivate your own healing gifts.

If you have many distorted and limited ideas about healing, these will affect the way you practice and the results that you get. I expect miracles all the time, and I get a fair share of them with clients. I truly believe that God puts no limitation on what may be, and that healing occurs when the client surrenders and shifts in consciousness. And that can happen at any point in a session.

This image will clear all your distorted beliefs and limitation profiles that restrict and limit healing and world service work, at all levels of your being, including genetic programming and past life imprints.

### *Trigger Affirmations*

- ❖ **There are no limits to what I may accomplish [in my healing practice or world service work] in partnership with the Creator.**
- I release all limitations and glass ceilings I may have been subject to.
- I think in expanded, infinite and unlimited ways.
- Healing is instantaneous and not bound by time or space.
- I release all limiting beliefs to healing and now uphold miracle consciousness.
- As I develop miracle consciousness, the healing power of God is with me.
- I have a right to be healed, by my surrender to wholeness.
- I release all beliefs, thoughts, emotions, feelings and memories that no longer serve my highest good and accelerated spiritual evolution.
- I dissolve with love all limitations that come into my awareness at any level.
- I realize more and more of my true and full potential every day.

### **13- Enhancing Your Ability to Heal Yourself, Others and the Planet**

This image covers two main functions. The first is to help you clear blocks you have in your ability to heal yourself, as well as block around your personal issues. The second function is to awaken and activate aspects of planetary healing gifts. The energies are changing rapidly on the planet, and this image will help you open to receiving gifts and insights to work with these new energies.

Many healers devote their time and effort toward healing others, and don't spend enough time on their own personal healing. Of course the more you heal yourself, the more effective you will be to your clients. You can only really give to others what you know for yourself. And this applies to all types of healers. For example, if you are a massage therapist, then embodying principles of wholesome living that creates internal harmony and a stress-free body will be particularly important.

A healer does not have to be completely enlightened and healthy in order to be of real help to others. But if you want to be effective in certain areas, then it is important that you be at least *striving* for healing in those areas. If you are in a muddle, not actively working on, and lack clarity on the very issues that your client is seeking help with, then the best you can hope for is to give sound advance that you yourself need to integrate. But you will not impact your client by magnetic resonance healing, as your vibration on that issue is not higher than theirs is and so cannot act to uplift theirs. Striving is the important keyword here—so long as you are consciously striving, even if you are not yet healed, you will be a healing force for your clients.

As this image clarifies blocks in you that need attention, you will feel new impetus and find the means to work on them.

#### ***Trigger Affirmations***

❖ **I choose to become whole and welcome gifts for planetary healing, that I may be of greater service to others.**

- I am devoted to harmony, balance, and holistic living.
- I courageously embrace areas where I am weak, seeking continuous personal growth and evolution.
- The means and capacity to heal all limitation is within me.
- I strive to embody increasing levels of light and love.
- Healing originates from love. Since I am love- I can heal myself, others and the planet.
- I release all blocks I have to using and expanding my healing and spiritual gifts.

## Personal Evolution

Clearly the more evolved you are and detached from the illusion of life, the more effective you will be at supporting shifts and accelerated growth in others. In fact, your effectiveness as a healer or lightworker is dependent on the level of consciousness you've achieved. As you transform your personal challenges—whether they are karmic or just in your life so you can understand humanity better—you will gain insight on how to help undo the same illusion for others, and will increase the level of light you can embody.

These images will support you in undoing illusion and moving more deeply and completely into the Reality of God.

14. Advanced Clearing, Healing and Transmutation Profiles for Negative Ego Programming and for Your Shadow and Shadow Aspects
15. Advanced Clearing, Healing and Transmuting Profiles to Release Taking Things Personally
16. Nurturing, Nourishing and Enhancing Your Relationships with Your Clients, Co-Workers, Friends and Family
17. Clearing, Ameliorating and Healing Karma between You and Your Clients, Co-Workers, Friends and Family.

The following activations in the activation audio also support personal evolution:

- Crown, Pineal, and Nervous System restoration and activations;
- Align yourself to the New Creation structure;
- Enhanced ability to get to the core of issues.

Activating the major organ centers of the head will greatly accelerate your evolution in so many ways. Aligning to the new creation structure will impact positively on all your relationships as well as all aspect of your life. Being able to hone in on core issues will also help you in processing your personal blockages.

### ***14- Advanced Clearing, Healing and Transmutation Profiles for Negative Ego Programming and for Your Shadow and Shadow Aspects***

The negative ego comprises the part of you that upholds separation—it sees power as something to be wielded over others and will find power in external sources. The negative ego dies in unity consciousness and reality, and so has a vested interest in upholding illusion. It is a very destructive part of you. Yet the ego is a necessary principle in the human being, as it enables a growing sense of individuality. We are not here to merge with God in unconsciousness, but rather in full consciousness as co-creative beings. The transformation of the negative ego is toward the Higher Ego, which is fully sovereign over its life yet has realized unity consciousness. This may seem like a paradox, though it is not—when we are completely sovereign, we know that all is within

our being and that outer reality is simply a reflection of inner life. There is no need or desire to have power over others, because others are in us, and also sovereign being. Therefore wielding power over others would violate our own self-sovereignty.

Essentially then, the negative ego is everything that sustains your seeing others as separate from you. The power of forgiveness is that it dissolves separation, and recognizes all so-called wrongdoing as expressions of the one negative ego of humanity. It does not see separate negative egos in people, but recognizes that all negative ego energies come from the one error of separation of humanity from God. So there is no separate negative ego, and no one person is responsible for it. We are all responsible for it, but all are within us, and so we are responsible to undo its illusions. Therefore there is no need to hide in shame as the negative ego wreaks havoc in your life—you did not create it personally and are not alone in its distorted thinking. However, pay attention to it so you can move out of it whenever it appears. Forgive yourself and others, and move into reality. Each time you do this, you weaken negative ego and the hypnotic spell of illusion for all of humanity.

The Shadow is the part of us that holds all our unresolved baggage that is in need of transformation. The overlap between negative ego and Shadow is that the negative ego will use our shadow stuff when it can, to uphold blame and separation. But the Shadow material is all that can serve us in our growth—for when we transform it, we grow in capacities and power. The best way to work with the Shadow is to courageously and compassionately welcome it when it comes up in life. Acceptance of one's unresolved or blind spots is the first step to transforming it. Without acceptance, you are resisting it and so unable to understand it. You can only leave something behind with love, and acceptance is the first step in that process. Always with our Shadow stuff, the means and capacities to overcome whatever it is are also available to us, and it is in the very process of courageously moving through that stuff that we will realize new capacities and strengths within our being.

This image will help you with transforming all aspects of the negative ego, and undoing the illusion of separation. An area that can be particularly challenging for healers is needing to create a good image for others. A healer is more likely to feel a need to be impeccable, for example. While this can be a good thing, the danger is that you feel the need to hide your life from yourself or others. Ego stuff would include needing to have all the answers, have it all together, harsh self-judgment, etc. The image will also help you accept and process your Shadow stuff. It will accelerate the capacities and strengths you need to overcome them, and instill greater courage. You will become increasingly transparent and open in life.

### *Trigger Affirmations*

#### ❖ **I embrace the Oneness of being, and know my only reality to be in God.**

- I do not exist outside of God Reality.
- When I look upon another, I am looking at myself.

- I no longer see culprits, but with innocent perception I see people in need of love and understanding.
- I see God in others to an ever increasing degree.
- I forgive myself for seeing illusion, and move into the Reality of God.
- I accept all my weaknesses, knowing they are all temporary.
- The 'God in me' can transform anything in my life.
- I release all negative ego programming, and the need to be right in favor of being in God.
- I release all mass and duality consciousness that is not centered in love.
- I ask the Creator to heal my ego mind, personality self and mental body every day.
- The energy of unconditional love is continuously and constantly circulating throughout my ego, shadow and personality self.
- The Peace and Love of God permeates my consciousness at all levels.
- I am excited to embrace my challenges, that I may bear witness to the power of God in my life.
- As work through my issues, I grow in strength and new capacities.
- I dwell in the peace that I can see God Reality at will.

### ***15- Advanced Clearing, Healing and Transmuting Profiles to Release Taking Things Personally***

Lightworkers, healers and starseeds are here in many ways to be role models for humanity. All too often however they fall into temptation and get drawn into mass and duality consciousness and are not able to live the life they envisioned. Though we may come with lofty ideals and great potential, we still must learn to navigate the entrapment of materialistic concerns. One of the biggest ways people get sucked into the illusion is through taking things personally. Taking things personally comes from ignorance that NOTHING is personal and the hypnotic effect outer reality has on us as being real rather than merely a reflection. Even if someone is purposely out to destroy you, it is still not personal!

Nothing is real that is not consciousness in one form or another. God is all that is real—nothing exists that is not God. So all consciousness is of God. Your consciousness and mine are real only in their God reality. God is all that exists. All that is not God is temporal...it has existence only in time...yet time is illusion. So my consciousness in God encompasses all of creation—it is infinite. Never mind that I experience it as finite—that is simply from lack of having plumbed its depth. It is infinite. And so everyone is within me, and I am the one Human Being. If someone attacks me in outer reality, I can find that attacker within me and heal it there, where it is real. And the scenario on the outside will eventually change. If I battle things on the outside, I have been sucked into the illusion, and all that I create there will be subject to undoing in time. I create the need for time by reacting to illusion. When I manifest from a belief in

personal attack, I simply recreate mass and duality stuff that will need time for its undoing.

This image helps you to disengage from the illusion by not taking anything personally. Over time you will feel less reactive and defensive, and will be able to practice innocent perception and compassion with all the players in your life. By not taking things personally, you become objective and able to see what happens on the outside as a reflection of what it is you. When you then shift in you what needs to be shifted, you become 100% responsible and empowered in your life.

### *Trigger Affirmations*

❖ **I am responsible for everything in my reality—responsibility is the greatest power and freedom.**

- I cannot be attacked or harmed in any way; I am invulnerable in my god self.
- My innocent perception blesses all that it sees.
- I release all reactive defensiveness, and now always respond deliberately with compassion.
- I interact with others from a sovereign space sourced in unconditional love.
- I behold the truth in all my perceptions, and remain firmly rooted in Reality.
- I am always calm, detached, neutral and sovereign at all times.
- I am not attached to what others think about me.

### ***16- Nurturing, Nourishing and Enhancing Your Relationships with Your Clients, Co-Workers, Friends and Family***

The concept of nurturing relationships with this image is very broad and includes things like communication skills, playing nicely with others, seeing and honoring the divinity within each person, clearing judgment, setting healthy boundaries, valuing relationships, and generally treating others as you would want to be treated yourself.

When you elevate your interactions with others to a communion with God, you invite angels to work through all your relationships. When you expect something important from every encounter with another, you will take notice of a deeper reality unfolding in all your relationships.

### *Trigger Affirmations*

❖ **I honor and value all my relationships, and allow my deeper self to work through them.**

- I communicate clearly and honestly at all times.
- I see and honor the divinity in each person that I meet.
- As I love myself I am able to genuinely love others.

- I set healthy boundaries on my relationships with others.
- I treat others the way that I want to be treated myself.
- All my encounters with others have something important to reveal.
- The angels speak through me to others, and to me through others.
- I surround myself with loving, positive people and clients who honor me and support me on all levels.
- I am a happy person and my happiness uplifts everyone around me.

***17- Clearing, Ameliorating and Healing Karma between You and Your Clients, Co-Workers, Friends and Family.***

Karma is not fixed or static, and there are many possibilities for fulfilling karmic lessons. This image acts as an interface to the *Karmic Board* that oversees the complex process of karma. When a person chooses to work with this image, their karma is looked at by *Quan Yin* and the *Karmic Board* to see what can be healed and ameliorated at that time. In other words it is an experiment in consciousness from the *Karmic Board*. Most people are not aware of this Board, and yet there are many dispensations of grace on the planet to heal and release karma. Planetary ascension is largely determined by how much karma you have cleared and released so this is a major thing for people working on planetary ascension.

***Trigger Affirmations***

- ❖ **I choose to accelerate and release karmic lessons, as I commit to embodying ever-greater levels of light.**
  - I welcome grace to heal and release me from negative karma.
  - I am deeply grateful for and committed to my life as a path of evolution and ascension.
  - I empower the highest-level aspect of my monad to work with the Karmic Board to heal, clear, release and ameliorate as much karma as is possible at this time.

## **Aligning Your Healing and World Service Work to Your Unique Divine Self**

Healers, lightworkers, and starseeds are all here to support humanity in its evolution. Many will do so by introducing and modeling new ways of being—new healing modalities, new paradigms, new social order, new direction etc.—others will do so more quietly by awakening those around them or through work that remains largely unseen, and yet others simply by their energy presence. However they carry out their goals, it will only unfold fully to the extent that they are self-realized. This set of images is all about aligning to one's unique divine Self and accelerating Self-realization, so that one's world service work may manifest and unfold to the greatest extent possible.

18. Aligning Your Healing Practice and World Service Work with the Heart Paradigm
19. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach with the Highest Level Aspect of Your Monad
20. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach to the Highest Good for All Concerned in ways that Support the Spiritual Evolution of Each Being.
21. Aligning Your Healing Practice/Style/Method/Approach and All Other World Service Work with the Creator's Love, Light and Truth
22. Embracing, Celebrating, Nurturing and Honoring Your Unique Spiritual and Healing Gifts

The following activations in the activation audio also help you align your work to your divine Self:

- Crown, Pineal, and Nervous System restoration and activations;
- Align your practice with your soul mission;
- Accelerate your practice to the next level;
- Attract clients that can benefit from your work.

Activating the major organ centers of the head will align you to your Higher Self and your Soul, which will give you clear direction in your work. Guidance is also fully present as you use the acceleration codes to get your practice to the next level and attract clients that will result in mutual benefit.

### ***18. Aligning Your Healing Practice and World Service Work with the Heart Paradigm***

As you embrace the heart paradigm, the danger of error that is inherent in the mental paradigm is greatly reduced, and your healing practice will be protected from error to a large extent. Ask to awaken the Intelligences of the Heart as you work with this image. The heart paradigm encompasses all seven levels of Intelligence of the Heart, as described in Love Without End, which are: *Unity, Love, Life, Respect, Honesty, Justice, and Kindness*. These levels reflect all of the Creator's intentions that are built in to the divine universal laws of creation.

One way to get a feeling for this transition is to focus on an issue or a person in your life, and feel yourself tuning into them from your mental faculty. Then tune in with your heart and notice the difference in how that feels—likely you will feel the energy is more direct and focused with thinking, and more diffused and ‘softer’ when you tune in with your heart. If you do this a number of times, you will get a feel for how to make the transition. This is not the whole of the ‘heart paradigm’ by any means! But it is a start in understanding the difference.

Another good way to accelerate to the heart paradigm is to work with the *cosmic Green* higher dimensional body. The *cosmic Green* is the dimension of true compassion and unconditional love—as the earth increasingly activates her *cosmic Green* body, the heart paradigm will be much easier for most of humanity to reach. Activations for the higher dimensional bodies is the focus of the Energy Flows Balancing Module (EFBM) (visit [www.innermasterytools.com](http://www.innermasterytools.com) for details on this most important Tool for accelerated enlightenment).

When you enter into the heart paradigm, your life will move beyond confinement and you will activate the power of infinite potential. In the dimension of unity consciousness, which begins at the *cosmic Green* level, everything darts between form and infinite potential for form—all form emerges out of infinite potentiality. What does this mean in practical terms? It means that in the heart paradigm anything can move out of its seemingly fixed form and into the realm of infinite potential. In other words, any situation can be shifted subtly or dramatically when subject to the power of the heart. And your entire life, including your practice, will begin to reflect this new dimensional power.

### ***Trigger Affirmations***

#### **❖ I let the heart lead first in all that I do, think, or feel.**

- I activate the power of infinite potential through the love that I am.
- I embrace unity consciousness, where all is potential waiting to be realized.
- As love, what I do, think and feel upholds the highest good of all.
- Everything in my life is now subject to the power of love.
- In the love that I am, everything is restored to wholeness.
- My healing practice and World Service Work is always aligned with my heart.

### ***19. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach with the Highest Level Aspect of Your Monad***

This image along with the next two help to energetically clean up your healing and world service work so that it is fully aligned to the highest level of your Monad and the Creator’s Love, Light and Truth, and upholds the highest good of all concerned. They act as insurance policy codes to clean up your work using many different approaches. The

goal is to close any loopholes that may give a window to less-than-love energies to interfere with your world service work.

*Trigger Affirmations*

❖ **I align [my world service work or healing practice] to the highest-level aspect of my Monad.**

- All the world service and healing work I do is directed and guided by the highest-level aspect of my Monad.
- The wisdom and love of the highest-level aspect of my Monad permeates everything that I do and all that I say.

**20. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach to the Highest Good for All Concerned in ways that Support the Spiritual Evolution of Each Being.**

*Trigger Affirmations*

❖ **I align [my world service work or healing practice] to support the highest good of all beings.**

- All the world service and healing work I do is aligned with the highest good of all concerned.
- All the world service and healing work I do supports the spiritual evolution of each being and the planet.
- My presence on the planet is uplifting to it.

**21. Aligning Your Healing Practice/Style/Method/Approach and All Other World Service Work with the Creator's Love, Light and Truth**

*Trigger Affirmations*

❖ **I align [my world service work or healing practice] with the Creator's Love, Light, and Truth.**

- All of my healing and world service work is aligned with the Highest Principles of Love, Light and Truth.
- All of my healing and world service work is blessed by the Creator.
- Every day I become more and more aligned to Love, Light and Truth.

## ***22. Embracing, Celebrating, Nurturing and Honoring Your Unique Spiritual and Healing Gifts***

The power of your work will become amplified as you connect more deeply to your Higher Self, and allow your unique truth to flow through what you do. Each person has their unique truth that is meant to flow through to expression in life, including in their vocational work. If you are using someone else's modality, you can still make it unique by expressing your unique spiritual gifts through it. If you are supporting someone else ideas, then you may need to nurture and cultivate your own so that you may create a synergy of ideas together.

As a being who is here to support humanity's evolution, it is imperative that you work from your unique Self, because you will have so much more to offer the world in that manner. Everyone benefits when you express yourself and create from your unique beingness.

This image celebrates your uniqueness and as you use it you will feel increasingly a sense of uniqueness within. The image will accelerate or ignite your unique spiritual and healing gifts so that they may be revealed to you more clearly.

### ***Trigger Affirmations***

- ❖ **I celebrate, honor and nurture my unique spiritual and healing gifts.**
  - I am a unique being in creation; no one can replace me or replace what I do.
  - I am here with my unique viewpoint to expand all of creation from the love that I am.
  - All of creation benefits as I embrace and cultivate my unique gifts.
  - I recognize, honor and celebrate the uniqueness in others as well as in myself.
  - I am deeply blessed with unique spiritual and healing gifts; it is my right and responsibility to bring these to expression in life.
  - My life takes on deeper meaning as I express my uniqueness to ever greater degrees.
  - My unique ideas and gifts support others in their evolution, just as I am supported by the genius of others.
  - There is always room for grander gifts to manifest on earth.
  - The unique expression of each individual fills me with joy and inspiration.

## ***Practical Concerns***

This set of images is more geared toward those who work with clients.

- 23. Clearing the Energetic Spaces of Your Home, Car, Office, Healing Rooms/Places/Spaces and all Other Places Where You Conduct Your World Service
- 24. Enhancing Your Networking, Business and Money Management Skills
- 25. Attracting and Magnetizing Your Divine Ideal Clients to You

Practical concern activations in the activation audio, include:

- Accelerate your practice to the next level;
- Attract clients that can benefit from your work.

### ***23. Clearing the Energetic Spaces of Your Home, Car, Office, Healing Rooms/Places/Spaces and all Other Places Where You Conduct Your World Service Work***

This image helps to clear entities, implants, devices, matrix energies, flaky electro-magnetic energies, less-than-love energies, patterns, programs, waves, beings, influences, interference, etc. from the places where you conduct your work. While the image works on the space, it also clears things from the energy fields of people, pets, and electronics as well.

You may want to hang it up in your office, home, and car. (The images are holographic, so you can use a piece of the image and it will have the same effect as the whole. You simply place it in the area and it will take effect.)

#### ***Trigger Affirmation***

- ❖ **My energetic spaces wherever I go are cleared of all less-than-love energies.**
  - I release all less-than-love energies, beings, devices, and implants from my home, car, office and healing/world service places.
  - The universe is safe and I am always protected.
  - I am always safe, protected and shielded while I do my healing and world service work.

### ***24. Enhancing Your Networking, Business and Money Management Skills***

This image works on the business aspect of your work. Healers, lightworkers and starseeds often do not fit into mainstream society very well. So they are very drawn to working for themselves and creating businesses that allow them to do the work that they incarnated here to do. Often they struggle with business and money and the way energetic

exchanges are conducted. Starseeds may never have experienced the concept of money at all until they get here and it is a rude awakening for many.

However, in order to serve and accomplish your world service work, you may have to get out there and promote your work so that the people you came here to serve can find you. If you choose *not* to network or be business-like and manage your money well, it will limit your ability to heal, serve and help others. Networking is particularly important because there is great synergy when two or more lightworkers, healers and starseeds work together – challenging but very powerful. A lot of the power behind the Inner Mastery Tools work, for example, emerges because Anita, Rama and Bill are so different from one another energetically and in their practice styles and world service contracts.

### *Trigger Affirmation*

#### ❖ **I manage my ever expanding business with ease and grace.**

- I am guided to the perfect business moves every step of the way, as I continue to expand my outreach and success.
- I am magnetic to the people, events and circumstances that will help me to get my work out into the world.
- I advertise and promote my work in the most effective way.
- I believe in myself and my work.
- I am great at managing my time, money and business.
- I am always at the right place at the right time with the right people.
- I release all patterns of procrastination.
- I choose to operate my healing and world service work in a highly professional way and manner.
- As I grow and expand, so does my healing and world service work.
- All the money I spend and earn blesses the world and comes back to me multiplied.
- I release all vows of poverty and blocks I have to manifesting great prosperity

### **25. Attracting and Magnetizing Your Divine Ideal Clients to You**

This image helps to clear blocks healers and lightworkers have to allowing money and success, including issues of deserving and self worth. It also clears limiting money beliefs and programming such as that spiritual people cannot have wealth, you can't get paid for God's work, or that money is not important to well being, etc. So it clears financial self-sabotage which eventually allows more people who can benefit from your work to find and use your services. As you value your services, you will help others to see the value it may have for them. The image will act within you in a manner similar to sending out an energetic email that you are open for business.

*Trigger Affirmation*

❖ **As I value my services, I am a magnet for clients who will value my services.**

- Wealth is an expression of God's flow of support for me in my life.
- I am open for business, and welcome all whom I can benefit; I am grateful and excited to be of service in the world.
- All the people drawn to work with me benefit hugely from my products and services.
- I attract the divine ideal clients to myself and my world service and healing work every day.
- My income and practice constantly and continuously expand and grow.
- I am magnetic to clients, success, abundance and prosperity.
- All of my promotional materials, web sites and advertising have my unique energy signature that clients who are aligned with me easily find me.

## ***Advanced Healer and Lightworker Activations and Blessings***

“Be bold, and mighty forces will come to your aid.”

Goethe

This set of images comprises blessings and activations that came through to further support you toward accelerated fulfillment of your world service work. When you choose to be a beacon of hope, light, and transformation on the planet, the entire universe conspires to move you forward!

26. Enhancing Your Clarity, Wisdom, Discernment and Intuition
27. Heart and Brain Expansion Mastery Activation for Healers, Lightworkers and Starseeds
28. Upgrading and Aligning Your DNA/RNA and Genetics to Support, Enhance and Expand Your Spiritual and Healing Gifts
29. Awakening, Activating, Opening and Expanding Your Healing and Spiritual Channel, Gifts, Capability and Your Capacity/Ability to Serve Humanity and the Planet
30. Creator Blessing for Lightworkers, Healers, and Starseeds

Activations that will confer blessings in terms of accelerating your healing and spiritual gifts include:

- Crown, Pineal, and Nervous System restoration and activations;
- Align yourself to the new creation structure;
- Enhanced ability to get to the core of issues with clients.

### ***26. Enhancing Your Clarity Wisdom, Discernment and Intuition***

These gifts will support you to expand the scope and effectiveness of all your work. As your clarity, wisdom and intuition are enhanced, you will also open to receiving greater inspiration. All are gifts that will impart a strong sense of inner guidance and keep you from being led astray toward blind alleys. Your life and work will accelerate, as all that you do, think, and feel will be aligned to the wisdom of your Higher Self.

#### ***Trigger Affirmations***

- ❖ **I have clear intuition and am guided to the path of my highest good at all times.**
  - My perceptions dissolve illusion and bring clarity to all those around me.

- I am a clear channel for truth to flow.
- I see past illusion to only what is real.
- My love of clear thinking is a power toward understanding deeper dimensions of being.
- I leave aside all preconceptions and open to inner guidance.
- I always go within to find my answers, and I *feel* their rightness.
- I release all doubt and increasingly trust my inner wisdom and guidance.
- I use discernment in knowing what is best for me at all times. I make wise choices
- I am grateful to be a clear channel for the Creator to work through with my clients.
- I am crystal clear about what will best support my clients and restore them to wholeness.

### ***27. Heart and Brain Expansion Mastery Activation for Healers, Lightworkers and Starseeds***

The image will expand your mind and heart by creating more room and space so that you can be more open-hearted and open-minded. It contains a blessing to align your heart and brain to your multidimensional heart, so that you operate from a much larger perspective.

#### ***Trigger Affirmations***

#### **❖ I align my mind and heart to my multidimensional heart.**

- I continually expand my heart and mind with ease and grace, with every new experience.
- My brain and heart are in perfect synchrony at all times.
- The capacity of my mind and heart are continually increasing.
- I am infinite at all levels of my being.
- I expand my awareness all the time in all directions.

### ***28. Upgrading and Aligning Your DNA/RNA and Genetics to Support, Enhance and Expand Your Spiritual and Healing Gifts***

Sometimes when we incarnate, the ideal situation is not available and we must take things on genetically that are not perfectly aligned to our life mission. Furthermore, we may be subject to harmful influences, especially in early life, that damage or reprogram the DNA/RNA. There are so many seemingly benign influences that are really destructive at the DNA level, and this is partly why the world has gotten to its current denatured state, where most people have lost a healthy sense of what is good for them and an innate connection to beauty, goodness and truth. And without these healthy instincts, mankind is easily led further and further astray.

This image works deeply and thoroughly at the level of genetics and DNA/RNA to clear all that is non-serving to you in your striving for accelerated expansion of your spiritual and healing gifts.

*Trigger Affirmations*

❖ **My continually perfected DNA, RNA, chromosomes and genetics support the unfoldment of my spiritual and healing gifts.**

- I clear, heal, and release with love any programming, manipulation or interference with my DNA, RNA, chromosomes or genetics that no longer serves my highest good or spiritual evolution.
- The energy of unconditional love is continuously and constantly circulating throughout my DNA, RNA, genetics and chromosomes.
- My DNA, RNA, chromosomes and genetics support me in all levels of my life and well-being,
- My DNA, RNA, chromosomes, master cell and genetics are protected and shielded from less-than-love interference or manipulation at all times.
- I ask the Creator to work nightly with the highest level aspect of my Monad to heal, clear and upgrade my DNA, RNA, master cell, chromosomes and genetics.

**29. Opening and Expanding Your Healing Channel, and Capability and Capacity to Serve Others**

As a healer, you may consciously choose to become a clearer channel or conduit for healing energies to flow through you from Source. This may come as insights and inspirations, inner knowing and guidance that will support your clients, or it may come simply through embodying higher frequencies that you begin to radiate to others. It may be clearly noticeable in your healing practice, or in more subtle ways and at higher levels, where you are not consciously involved.

This image will support your intention to become a clearer more expanded channel of divine energies and will clear whatever might be blocking you from being able to receive those energies. It is broader in scope from the previous one, and is aimed at energetic work to increase your capability and capacity to serve others. As always, as you are being prepared for greater work, your personal challenges will also be supported toward accelerated transformation.

*Trigger Affirmations*

❖ **I open to unlimited capability and capacity as a healing channel of Light to serve others.**

- I allow the Creator to think, speak, hear, and feel through me.

- I move aside all mental body activity and ego programs and allow the divine ideal healing to transpire in sessions with clients.
- I welcome continuously greater capacity for healing and service to humanity.
- I am gifted and I honor my spiritual and healing gifts.
- The more I honor and nurture my spiritual and healing gifts, the more they grow.
- I empower the highest-level aspect of my Monad to transmute all less-than-love emanations from me to blessings of love.
- I send love to the planet with every breath that I take.

### ***30. Creator Blessing for Healers, Lightworkers, and Starseeds***

The Creator Blessing image will energetically clear less-than-love energies from your healing and world service work, and help realign you to the divine covenant you have with the Creator as to how you wish to serve in this incarnation. As well, it will renew and refresh your commitment to the divine ideal path and plan that you have contracted and support you through blessings of energies you may be in need of. If you are fully on your life path, then the blessing will move you toward ever greater ease and grace to fulfill beyond what you may have imagined possible. The image will keep working with you as you evolve and expand the vision for your life's work.

#### ***Trigger Affirmations***

#### **❖ I am fully aligned to my covenant with the Creator and fulfill it with ease and grace, ever expanding the vision of its expression in form.**

- My covenant with the Creator is written in joy; I always remember to pursue joy [in my healing practice or world service work].
- When I seek the blessings of life at all levels, my covenant with the Creator will unfold naturally.
- I welcome ever greater ease, grace, and joy in my work as I reach for grander visions beyond what I imagined possible.
- Every challenge is an opportunity to unleash new potential within me.
- I am the unlimited and infinite child of God.
- I am aligned with the heart of the Creator at all times.
- I am deeply blessed; the Kingdom is within me.

\* \* \* \* \*

## **Appendix A: Enhanced Trigger Affirmations for the Images**

1. Healer/Client/Co-Worker Transmuter Shield  
**All less-than-love energies from others to me or from me to others are automatically transmuted to a blessing of love.**
2. Empathy Transmuter Shield for Light-Workers, Healers and Starseeds  
**I have compassion for other people's pain yet remain detached. My perceptions dispel stories, and sow truth.**
3. Advanced Healing Profiles to Assist Healers to Prepare for Sessions with Clients and to Help them Cleanly Disconnect from Clients after a Session  
**I am always energetically clean to work with clients, and I disconnect cleanly from clients' energies at the end of a session.**
4. Clearing Cords and Hooks; Cording into Other People's Less-than-Love Stuff and Taking on Other People's Less-than-Love Stuff  
**I am clear of all hooks and less-than-love cords with others, as well as all patterns and beliefs that have allowed negative cording in the past.**
5. Clearing, Healing and Releasing Filtering Planetary and Other People's Energy and Replicating Planetary and Other People's Imbalances to Help Others and the Planet to Clear and Heal Those Patterns, and Unconscious Replication of Planetary and Others' Imbalances  
**I release with ease and grace any less-than-love energies I have replicated in myself from others or the planet, and all tendencies to replicate such energies again.**
6. Advanced Healing Profiles for People Pleasing and the Need to Save/Rescue Others  
**I am whole and fulfilled within, and am content to be a channel for the Creator in all that I do.**
7. Releasing Your Attachment to a Desired Outcome/Result  
**I release all attachments, judgments, expectations and preferences, that Spirit may work through me unimpeded.**
8. Enhancing Your Integrity when Working with Others  
**I am true to myself and in integrity in all aspects of my work and my life.**
9. Advanced Clearing, Healing and Transmuting Profiles to Clear and Release Giving Your Power Away to Others or Assuming Power Over Others  
**I am self-sovereign, and support self-sovereignty in others.**
10. Advanced Healing Profiles to Clear Light-Worker and Healer Self-Sabotage and Doubt/Mistrust of their Abilities to Help/Serve Others  
**I release all self-sabotage, self-doubt and fear, and surrender [my healing practice or world service work] to God.**
11. Clearing Blocks to Getting Your Healing and Other World Service Work Out into the World  
**I am ready and willing to fulfill my life's mission and get my work out into the world.**
12. Advanced Healing, Clearing and Transmuting Profiles for Limitation Profiles and Limited Thoughts, Beliefs and Thought Forms Around Healing and World Service Work

**There are no limits to what I may accomplish [in my healing practice or world service work] in partnership with the Creator.**

13. Enhancing Your Ability to Heal Yourself, Others and the Planet  
**I choose to become whole and welcome gifts for planetary healing, that I may be of greater service to others.**
14. Advanced Clearing, Healing and Transmutation Profiles for Negative Ego Programming and for Your Shadow and Shadow Aspects  
**I embrace the Oneness of being, and know my only reality to be in God.**
15. Advanced Clearing, Healing and Transmuting Profiles to Release Taking Things Personally  
**I am responsible for everything in my reality—responsibility is the greatest power and freedom.**
16. Nurturing, Nourishing and Enhancing Your Relationships with Your Clients, Co-Workers, Friends and Family  
**I honor and value all my relationships, and allow my deeper self to work through them.**
17. Clearing, Ameliorating and Healing Karma between You and Your Clients, Co-Workers, Friends and Family.  
**I choose to accelerate and release karmic lessons, as I commit to embodying ever-greater levels of light.**
18. Aligning Your Healing Practice with the Heart Paradigm  
**I let the heart lead first in all that I do, think, or feel.**
19. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach with the Highest Level Aspect of Your Monad  
**I align [my world service work or healing practice] to the highest-level aspect of my Monad.**
20. Aligning Your World Service Work and/or Healing Practice/Style/Method/Approach to the Highest Good for All Concerned in ways that Support the Spiritual Evolution of Each Being.  
**I align [my world service work or healing practice] to support the highest good of all beings.**
21. Aligning Your Healing Practice/Style/Method/Approach and All Other World Service Work with the Creator's Love, Light and Truth  
**I align [my world service work or healing practice] with Prime Creator's Love, Light, and Truth.**
22. Embracing, Celebrating, Nurturing and Honoring Your Unique Spiritual and Healing Gifts  
**I celebrate, honor and nurture my unique spiritual and healing gifts.**
23. Clearing the Energetic Spaces of Your Home, Car, Office, Healing Rooms/Places/Spaces and all Other Places Where You Conduct Your World Service  
**My energetic spaces wherever I go are cleared of all less-than-love energies.**
24. Enhancing Your Networking, Business and Money Management Skills  
**I manage my ever expanding business with ease and grace.**
25. Attracting and Magnetizing Your Divine Ideal Clients to You  
**As I value my services, I am a magnet for clients who will value my services.**
26. Enhancing Your Clarity, Wisdom, Discernment and Intuition

- I have clear intuition and am guided to the path of my highest good at all times.**
27. Heart and Brain Expansion Mastery Activation for Healers, Light-Workers and Starseeds  
**I align my mind and heart to my multidimensional heart.**
28. Upgrading and Aligning Your DNA/RNA and Genetics to Support, Enhance and Expand Your Spiritual and Healing Gifts  
**My continually perfected DNA, RNA, chromosomes and genetics support the unfoldment of my spiritual and healing gifts.**
29. Awakening, Activating, Opening and Expanding Your Healing and Spiritual Channel, Gifts, Capability and Your Capacity/Ability to Serve Humanity and the Planet  
**I open to unlimited capability and capacity as a healing channel of Light to serve others.**
30. Creator Blessing for Light-Workers, Healers and Starseeds  
**I am fully aligned to my covenant with the Creator and fulfill it with ease and grace, ever expanding the vision of its expression in form.**

## **Appendix B: About the Developers**

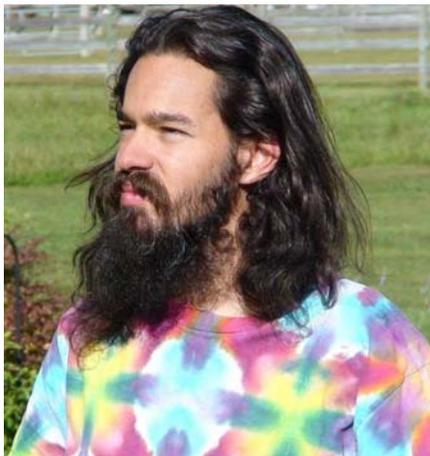


**Anita Briggs**, DCEd, MSc, DAc, is a psychotherapist, spiritual healer, and author who facilitates emotional clearing using Rapid Eye Therapy, energy psychology, and Inner Mastery Tools. In private practice for over 8 years, she has helped many clients heal from all manner of limitation, including depression, anxiety, phobias, addictions, relationship issues, physical conditions, and feeling stuck in life. With over 20 years of esoteric study and a strong vision and commitment to human freedom, her passion has been to help people become free of their past and able to embrace a life of greater

purpose, and fulfillment.

From extensive training in a number of modalities, including more recently, a doctorate in Acupuncture, Anita offers a unique blend of methods and brings a wide range of spiritual philosophy and tools into her healing practice. If you would like to experience the Inner Mastery Tools in a personal consultation with Anita, please email her at [azbriggs@nbnet.nb.ca](mailto:azbriggs@nbnet.nb.ca). She offers in-person as well as telephone sessions and distance healing.

Anita is continually seeking better, more effective and accelerated methods of achieving healing and enlightenment and this has led her to partner with Bill and more recently with Rama, in developing Inner Mastery Tools for therapy and personal healing. Anita is involved in many writing projects, including training manuals for therapists in use of the IMTs, and Interactive Healing Modules targeting common dysfunctions of our time. Many new Inner Mastery products will be coming out in 2008.



### **About Ramanathan Iyer...**

Rama is a very gifted healer who has been clairvoyant from an early age. He has been meditating since age 15, and continually strives to evolve his being. Healing himself, the planet, and other people has been the focus of his life since he was born. He has worked constantly to make his experience of life one of continuous, EVER NEW JOY! His greatest joy comes from evolving the structure of his being to make his body more beautiful, healthy, and FULL OF LIGHT!

**Raw Foodist:** Rama is a raw foodist, which means he only eats food that has not been cooked. He finds the greatest healing potential of a fruit, vegetable, grain, nut, or seed, is

when it is RAW. According to Rama, raw food comes straight from the Goddess, our Mother, Planet Earth, straight to our bodies! Part of his work is in assisting people to integrate raw food into their diet for lasting health and attunement with the Mother, the Goddess.

**Spiritual Intuitive:** I am a spiritual intuitive, so my healing techniques can focus on whatever healing modality or region of a person's multidimensional being that a person wishes to focus on! I use my intuitive abilities to reach your being across time and space so that during our session I can be working with you in many dimensions, literally helping your being to heal as we talk! I offer frequent teleseminars, as well as private phone consultations to assist people in any aspect of personal healing or soul mission. For more information please email me at [loveandjoy4all@gmail.com](mailto:loveandjoy4all@gmail.com), or visit my website at [www.evernewjoy.net](http://www.evernewjoy.net).



Bill Austin is a spiritual healer, teacher, artist and visionary living in Saint Petersburg, Florida in the United States. He is the founder of the Practical Mastery and Angelic Mastery healing modalities and has been working with clients from all over the world for over seven years now.

Bill is dedicated to helping people improve their lives, assisting them to identify and clear the negative emotions and beliefs that create self-imposed limitations. Through many mediums, including audio and image, Bill has successfully utilized technology to get his healing work out to large numbers of people. For more information about Bill and his healing practice, feel free to check out his main healing

web site: <http://www.HealingHolograms.com>.

The core of Bill's work is around mastery - helping people to create a better life using some of the techniques, tools and gifts he has received over the years. He recently created the Mastery Training Modules Program to help people to activate their mastery so that they will be able to live like a master in the physical plane of duality - to be in the world but not of the world so to speak. To participate in this program all you have to do is go to the [www.HealingHolograms.com](http://www.HealingHolograms.com) web site and join his newsletter list in the upper right hand corner.

Bill has also created a number of very powerful, free spiritual healing audio recordings on the <http://www.FreeSpiritualHealing.com> web site. He invites you to check these out.