Entering Godhood

The Use of Fragrant Oil

To Clear the 12 Meridians of the Body
Krihanash Belvaspata

Combining Fragrance Alchemy with Belvaspata to Clear the Meridians

1. Prior to the healing session, have your client complete an intake form by circling the primary distorted emotion or emotions that they tend to experience. If a form is not completed, at the very least, provide them with a list of the meridians and their corresponding emotions so that they can inform you of the main emotion they tend to experience and whether it is the positive, negative, or neutral aspect.

2. Encourage the client to delve deeply since some of these emotions may have been suppressed or avoided for a long time. If you are doing a session on the meridians for yourself, follow the same process to discover the distorted emotions that you may be experiencing.

3. Call (say the name) for the quality of Krihanash Belvaspata for the Soul, Chavech–hersarasva–misotek and draw the sigil once over the client’s body. (If doing a session for yourself, or a long-distance session for someone, you can trace over the sigil or draw it in the air). Call the angel name, Chibarech–elesat–urasvatek, and glance at the angel’s sigil (you do not need to draw it). Instruct the angel to place the main sigil into the client’s body or your body.

4. Continue with the Krihanash Belvaspata session as you would other specialty Belvaspata healing sessions\(^1\): by going into an expanded state with your client until the consciousness of you and your client become a unified field, (focus on the existing perfection and not on any seeming ‘problems’).

5. Massage the applicable fragrant oil blend into the acupuncture point for only a moment. This will be predetermined by the intake form and/or discussion with your client, or your own self-work and is illustrated for the meridian you are treating.

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\(^1\) See page 19-21 of Belvaspata Angel Healing Volume I or II, “How to Use Belvaspata”. When using Krihanash as a stand-alone session, after drawing the Master sigil for Krihanash and calling upon the angel, open the session with an expansion process. Hold the expanded awareness for as long as you feel is appropriate. For example, 5-10 minute may be sufficient. Krihanash may also be done following a general Belvaspata session; no additional expansion process is required when it is added to an existing session.
6. Call the name and draw the sigil for each of the twelve Belvaspata sigils given for a specific meridian (you may draw over the body of your client, trace over the sigil or draw in the air for long-distance sessions or for yourself). Look at the angel sigil and call the angel name, instructing them to place the sigil in the specific meridian. You may do one or more different meridians (lung, heart, spleen, for example) in a session. Once you start doing Belvaspata for one specific meridian however, you must do all twelve associated with that meridian.

7. Be aware that the negative aspect of an emotion indicates those parts of the emotion that are suppressed. The neutral aspect indicates what is frozen and blocked by others or circumstances. The positive aspect indicates what is acted out and or expressed.
   *Note:* if applicable, use the following guidelines for placement of oil on the meridian points.
   - Neutral emotions – use meridian point on either the right or left side of body.
   - Positive emotions – use meridian point on the right side of body.
   - Negative emotions – use meridian point on the left side of the body.

8. The times indicated for the healing of different aspects of distorted emotions are optimum times. The practice of *Krihanash Belvaspata* can be done effectively at any time. Each meridian has a two-hour window of optimum receptivity to the healing protocols. The client may be encouraged to massage oil on a specific point during a specific time, or to use a diffuser to broadcast the fragrant oil (a few drops into water) into the environment during a specific two-hour period.

9. Close by signing the sigils for love, praise, gratitude and trust over the client. *Note:* The trust sigil is only used for *Krihanash Belvaspata.*
The Twelve Meridians and their Associated Emotions
Lung Meridian

The Neroli Blend

Hours (3:00am - 5:00am)

Purpose: Grief (Negative aspect)
Optimal time: 3:00am - 3:45am

Purpose: Grief (Neutral aspect)
Optimal time: 3:45am - 4:15am

Purpose: Grief (Positive aspect)
Optimal time: 4:15am - 5:00am

Purpose: Intolerance (Negative aspect)
Optimal time: 3:00am - 3:45am

Purpose: Intolerance (Neutral aspect)
Optimal time: 3:45am - 4:15am

Purpose: Intolerance (Positive aspect)
Optimal time: 4:15am - 5:00am

Purpose: Frustration (Negative aspect)
Optimal time: 3:00am - 3:45am

Purpose: Frustration (Neutral aspect)
Optimal time: 3:45am - 4:15am

Purpose: Frustration (Positive aspect)
Optimal time: 4:15am - 5:00am

Purpose: Bitterness (Negative aspect)
Optimal time: 3:00am - 3:45am

Purpose: Bitterness (Neutral aspect)
Location of Sigil: Sternum
Optimal time: 3:45am - 4:15am

Purpose: Bitterness (Positive aspect)
Optimal time: 4:15am - 5:00am

Massage the oil on the meridian point as indicated. Depending on the aspect of the emotion, place the oil on the right side of the body for a positive aspect, the left side for a negative aspect and either side for a neutral aspect.
Large Intestine Meridian

*The Jasmine Blend*

**Hours (5:00am - 7:00am)**

Purpose: Guilt (Negative aspect)
Optimal time: 5:00am - 5:45am

Purpose: Guilt (Neutral aspect)
Optimal time: 5:45am - 6:15am

Purpose: Guilt (Positive aspect)
Optimal time: 6:15am - 7:00am

Purpose: Disappointment (Negative aspect)
Optimal time: 5:00am - 5:45am

Purpose: Disappointment (Neutral aspect)
Optimal time: 5:45am - 6:15am

Purpose: Disappointment (Positive aspect)
Optimal time: 6:15am - 7:00am

Purpose: Remorse (Negative aspect)
Optimal time: 5:00am - 5:45am

Purpose: Remorse (Neutral aspect)
Optimal time: 5:45am - 6:15am

Purpose: Remorse (Positive aspect)
Optimal time: 6:15am - 7:00am

Purpose: Opposition to change (Negative aspect)
Optimal time: 5:00am - 5:45am

Purpose: Opposition to change (Neutral aspect)
Optimal time: 5:45am - 6:15am

Purpose: Opposition to change (Positive aspect)
Optimal time: 6:15am - 7:00am
Stomach Meridian

*The Sandalwood Blend*

**Hours (7:00am - 9:00am)**

- **Purpose:** Disgust (Negative aspect)
  - **Optimal time:** 7:00am - 7:45am

- **Purpose:** Disgust (Neutral aspect)
  - **Optimal time:** 7:45am - 8:15am

- **Purpose:** Disgust (Positive aspect)
  - **Optimal time:** 8:15am - 9:00am

- **Purpose:** Greed (Negative aspect)
  - **Optimal time:** 7:00am - 7:45am

- **Purpose:** Greed (Neutral aspect)
  - **Optimal time:** 7:45am - 8:15am

- **Purpose:** Greed (Positive aspect)
  - **Optimal time:** 8:15am - 9:00am

- **Purpose:** Shame (Negative aspect)
  - **Optimal time:** 7:00am - 7:45am

- **Purpose:** Shame (Neutral aspect)
  - **Optimal time:** 7:45am - 8:15am

- **Purpose:** Shame (Positive aspect)
  - **Optimal time:** 8:15am - 9:00am

- **Purpose:** Blame (Negative aspect)
  - **Optimal time:** 7:00am - 7:45am

- **Purpose:** Blame (Neutral aspect)
  - **Optimal time:** 7:45am - 8:15am

- **Purpose:** Blame (Positive aspect)
  - **Optimal time:** 8:15am - 9:00am
Spleen Meridian

The Fuchsia Blend

Hours (9:00am - 11:00am)

Purpose: Worry (Negative aspect)
Optimal time: 9:00am - 9:45am

Purpose: Worry (Neutral aspect)
Optimal time: 9:45am - 10:15am

Purpose: Worry (Positive aspect)
Optimal time: 10:15am - 11:00am

Purpose: Anxiety about the Future (Negative aspect)
Optimal time: 9:00am - 9:45am

Purpose: Anxiety about the Future (Neutral aspect)
Optimal time: 9:45am - 10:15am

Purpose: Anxiety about the Future (Positive aspect)
Optimal time: 10:15am - 11:00am

Purpose: Self-destructiveness (Negative aspect)
Optimal time: 9:00am - 9:45am

Purpose: Self-destructiveness (Neutral aspect)
Optimal time: 9:45am - 10:15am

Purpose: Self-destructiveness (Positive aspect)
Optimal time: 10:15am - 11:00am

Purpose: Mood swings (Negative aspect)
Optimal time: 9:00am - 9:45am

Purpose: Mood swings (Neutral aspect)
Optimal time: 9:45am - 10:15am

Purpose: Mood swings (Positive aspect)
Optimal time: 10:15am - 11:00am
Heart Meridian

>The Rose Blend

Hours (11:00am - 1:00pm)

Purpose: Joylessness (Negative aspect)
Optimal time: 11:00am - 11:45am

Purpose: Joylessness (Neutral aspect)
Optimal time: 11:45am - 12:15pm

Purpose: Joylessness (Positive aspect)
Optimal time: 12:15 - 1:00pm

Purpose: Anger (Negative aspect)
Optimal time: 11:00 am - 11:45am

Purpose: Anger (Neutral aspect)
Optimal time: 11:45am - 12:15 pm

Purpose: Anger (Positive aspect)
Optimal time: 12:15 pm - 1:00 pm

Purpose: Self-pity (Negative aspect)
Optimal time: 11:00am - 11:45am

Purpose: Self-pity (Neutral aspect)
Optimal time: 11:45am - 12:15 pm

Purpose: Self-pity (Positive aspect)
Optimal time: 12:15 pm - 1:00 pm

Purpose: Neediness (Negative aspect)
Optimal time: 11:00am - 11:45am

Purpose: Neediness (Neutral aspect)
Optimal time: 11:45am - 12:15pm

Purpose: Neediness (Positive aspect)
Optimal time: 12:15pm - 1:00pm
Small Intestine Meridian

*The Lotus Blend*

**Hours (1:00pm - 3:00pm)**

Purpose: Insecurity (Negative aspect)
Optimal time: 1:00pm - 1:45pm

Purpose: Insecurity (Neutral aspect)
Optimal time: 1:45pm - 2:15pm

Purpose: Insecurity (Positive aspect)
Optimal time: 2:15pm - 3:00pm

Purpose: Sadness (Negative aspect)
Optimal time: 1:00pm - 1:45pm

Purpose: Sadness (Neutral aspect)
Optimal time: 1:45pm - 2:15pm

Purpose: Sadness (Positive aspect)
Optimal time: 2:15pm - 3:00pm

Purpose: Abandonment (Negative aspect)
Optimal time: 1:00pm - 1:45pm

Purpose: Abandonment (Neutral aspect)
Optimal time: 1:45pm - 2:15pm

Purpose: Abandonment (Positive aspect)
Optimal time: 2:15pm - 3:00pm

Purpose: Feeling unheard (Negative aspect)
Optimal time: 1:00pm - 1:45pm

Purpose: Feeling unheard (Neutral aspect)
Optimal time: 1:45pm - 2:15pm

Purpose: Feeling unheard (Positive aspect)
Optimal time: 2:15pm - 3:00pm
Bladder Meridian

The Saffron Blend

Hours (3:00pm - 5:00pm)

Purpose: Fright and shock (Negative aspect)
Optimal time: 3:00pm - 3:45pm

Purpose: Fright and shock (Neutral aspect)
Optimal time: 3:45pm - 4:15pm

Purpose: Fright and shock (Positive aspect)
Optimal time: 4:15pm - 5:00pm

Purpose: Impatience (Negative aspect)
Optimal time: 3:00pm - 3:45pm

Purpose: Impatience (Neutral aspect)
Optimal time: 3:45pm - 4:15pm

Purpose: Impatience (Positive aspect)
Optimal time: 4:15pm - 5:00pm

Purpose: Restlessness (Negative aspect)
Optimal time: 3:00pm - 3:45pm

Purpose: Restlessness (Neutral aspect)
Optimal time: 3:45pm - 4:15pm

Purpose: Restlessness (Positive aspect)
Optimal time: 4:15pm - 5:00pm

Purpose: Unfulfillment (Negative aspect)
Optimal time: 3:00pm - 3:45pm

Purpose: Unfulfillment (Neutral aspect)
Optimal time: 3:45pm - 4:15pm

Purpose: Unfulfillment (Positive aspect)
Optimal time: 4:15pm - 5:00pm
Kidney Meridian
The Narcissus Blend
Hours (5:00pm - 7:00pm)

Purpose: Fear (Negative aspect)
Optimal time: 5:00pm - 5:45pm

Purpose: Fear (Neutral aspect)
Optimal time: 5:45pm - 6:15pm

Purpose: Fear (Positive aspect)
Optimal time: 6:15pm - 7:00pm

Purpose: Indecision (Negative aspect)
Optimal time: 5:00pm - 5:45pm

Purpose: Indecision (Neutral aspect)
Optimal time: 5:45pm - 6:15pm

Purpose: Indecision (Positive aspect)
Optimal time: 6:15pm - 7:00pm

Purpose: Loss/deprivation (Negative aspect)
Optimal time: 5:00pm - 5:45pm

Purpose: Loss/deprivation (Neutral aspect)
Optimal time: 5:45pm - 6:15pm

Purpose: Loss/deprivation (Positive aspect)
Optimal time: 6:15pm - 7:00pm

Purpose: Victimization/injustice (Negative aspect)
Optimal time: 5:00pm - 5:45pm

Purpose: Victimization/injustice (Neutral aspect)
Optimal time: 5:45pm - 6:15pm

Purpose: Victimization/injustice (Positive aspect)
Optimal time: 6:15pm - 7:00pm
Pericardium/Circulation Meridian

The Henna Blend

Hours (7:00pm-9:00pm)

Purpose: Emotional injury (Negative aspect)
Optimal time: 7:00pm - 7:45pm

Purpose: Emotional injury (Neutral aspect)
Optimal time: 7:45pm - 8:15pm

Purpose: Emotional injury (Positive aspect)
Optimal time: 8:15pm - 9:00pm

Purpose: Addiction (Negative aspect)
Optimal time: 7:00pm - 7:45pm

Purpose: Addiction (Neutral aspect)
Optimal time: 7:45pm - 8:15pm

Purpose: Addiction (Positive aspect)
Optimal time: 8:15pm - 9:00pm

Purpose: Jealousy (Negative aspect)
Optimal time: 7:00pm - 7:45pm

Purpose: Jealousy (Neutral aspect)
Optimal time: 7:45pm - 8:15pm

Purpose: Jealousy (Positive aspect)
Optimal time: 8:15pm - 9:00pm

Purpose: Regret (Negative aspect)
Optimal time: 7:00pm - 7:45pm

Purpose: Regret (Neutral aspect)
Optimal time: 7:45pm - 8:15pm

Purpose: Regret (Positive aspect)
Optimal time: 8:15pm - 9:00pm
Thyroid Meridian

The Oud Blend

Hours (9:00pm - 11:00pm)

Purpose: Hopelessness (Negative aspect)
Optimal time: 9:00pm - 9:45pm

Purpose: Hopelessness (Neutral aspect)
Optimal time: 9:45pm - 10:15pm

Purpose: Hopelessness (Positive aspect)
Optimal time: 10:15pm - 11:00pm

Purpose: Depression (Negative aspect)
Optimal time: 9:00pm - 9:45pm

Purpose: Depression (Neutral aspect)
Optimal time: 9:45pm - 10:15pm

Purpose: Depression (Positive aspect)
Optimal time: 10:15pm - 11:00pm

Purpose: Despair (Negative aspect)
Optimal time: 9:00pm - 9:45pm

Purpose: Despair (Neutral aspect)
Optimal time: 9:45pm - 10:15pm

Purpose: Despair (Positive aspect)
Optimal time: 10:15pm - 11:00pm

Purpose: Suicidal (Negative aspect)
Optimal time: 9:00pm - 9:45pm

Purpose: Suicidal (Neutral aspect)
Optimal time: 9:45pm - 10:15pm

Purpose: Suicidal (Positive aspect)
Optimal time: 10:15pm - 11:00pm
Gallbladder Meridian

*The Patchouli Blend*

**Hours (11:00pm - 1:00 am)**

- **Purpose:** Rage (Negative aspect)
  - Optimal time: 11:00pm - 11:45pm

- **Purpose:** Rage (Neutral aspect)
  - Optimal time: 11:45pm - 12:15am

- **Purpose:** Rage (Neutral aspect)
  - Optimal time: 12:15am - 1:00am

- **Purpose:** Impotence (Negative aspect)
  - Optimal time: 11:00pm - 11:45pm

- **Purpose:** Impotence (Neutral aspect)
  - Optimal time: 11:45pm - 12:15am

- **Purpose:** Impotence (Positive aspect)
  - Optimal time: 12:15am - 1:00am

- **Purpose:** Self-importance (Negative aspect)
  - Optimal time: 11:00pm - 11:45pm

- **Purpose:** Self-importance (Neutral aspect)
  - Optimal time: 11:45pm - 12:15am

- **Purpose:** Self-importance (Positive aspect)
  - Optimal time: 12:15am - 1:00am

- **Purpose:** Stagnation/stuckness (Negative aspect)
  - Optimal time: 11:00pm - 11:45pm

- **Purpose:** Stagnation/stuckness (Neutral aspect)
  - Optimal time: 11:45pm - 12:15am

- **Purpose:** Stagnation/stuckness (Positive aspect)
  - Optimal time: 12:15am - 1:00am

Gallbladder point is on top of the shoulder and 3 finger widths down from the base of the neck.
Liver Meridian
The Gardenia Blend
Hours (1:00am - 3:00am)

Purpose: Protectiveness (Negative aspect)
Optimal time: 1:00am - 1:45am

Purpose: Protectiveness (Neutral aspect)
Optimal time: 1:45am - 2:15am

Purpose: Protectiveness (Positive aspect)
Optimal time: 2:15am - 3:00am

Purpose: Desire to save (Negative aspect)
Optimal time: 1:00am - 1:45am

Purpose: Desire to save (Neutral aspect)
Optimal time: 1:45am - 2:15am

Purpose: Desire to save (Positive aspect)
Optimal time: 2:15am - 3:00am

Purpose: Phobias (Negative aspect)
Optimal time: 1:00am - 1:45am

Purpose: Phobias (Neutral aspect)
Optimal time: 1:45am - 2:15am

Purpose: Phobias (Positive aspect)
Optimal time: 2:15am - 3:00am

Purpose: Obsessiveness (Negative aspect)
Optimal time: 1:00am - 1:45am

Purpose: Obsessiveness (Neutral aspect)
Optimal time: 1:45am - 2:15am

Purpose: Obsessiveness (Positive aspect)
Optimal time: 2:15am - 3:00am
Thyroid Meridian

Master Sigil for Krihanash Belvaspata
The Sigil for Begin Belvaspata for the Soul

Chavech-hersarasva-misotek

The Angel Sigil: Chibarech-elesat-urasvatek

This is the sigil to remove black light and frequency from the body, and every Krihanash healing session should start with it.
Belvaspata Sigils for Thyroid Meridian

109

Quality: Kirinat-vastra
Angel: Ubrit-aranas

110

Quality: Kesevet-huruhasvi
Angel: Arknat-blivaset

111

Quality: Ruruvik-brisetva
Angel: Mechnetur-klusat

112

Quality: Ravavirisba-aranuk
Angel: Sekve-prihatur
Quality: Unesvravit-haresta
Angel: Skrihunet-arekta

Quality: Vrisemet-arkut
Angel: Kelshbarut-miseta

Quality: Ruruk-sevatu-arak
Angel: Neselvi-prihatva

Quality: Arsak-herchva
Angel: Mersepa-aresva
Closing Sigils for Krihanash

Praise

Love

Gratitude

Trust
The 12 Equations for the Oil Formulas

Place your oils on these equations to keep them impervious to outside distorted frequencies
The Neroli Blend
(3.00 a.m. - 5.00 a.m.)

+  

+ 

=  

The Fragrant Oil Formula for the Lung Meridian
The Jasmine Blend
(5.00 a.m. - 7.00 a.m.)

+ 

+ 

= 

The Fragrant Oil Formula for the Large Intestine Meridian
The Sandalwood Blend
(7.00 a.m. - 9.00 a.m.)

+ 

+ 

= 

The Fragrant Oil Formula
for the Stomach Meridian
The Fuchsia Blend
(9.00 a.m. - 11.00 a.m.)

The Fragrant Oil Formula for the Spleen Meridian
The Rose Blend
(11:00 a.m. - 1:00 p.m.)

The Fragrant Oil Formula
for the Heart Meridian
The Lotus Blend
(1.00 p.m. - 3.00 p.m.)

\[ \text{Blend 1} + \text{Blend 2} + \text{Blend 3} = \text{Blend 4} \]

The Fragrant Oil Formula for the Small Intestine Meridian
The Saffron Blend  
(3.00 p.m. - 5.00 p.m.)

\[ \text{Saffron} + \text{Cumin} + \text{Pomegranate} = \text{Fragrant Oil Formula for the Bladder Meridian} \]
The Narcissus Blend
(5.00 p.m. - 7.00 p.m.)

+ 

+ 

= 

The Fragrant Oil Formula for the Kidney Meridian
The Henna Blend
(7.00 p.m. - 9.00 p.m.)

123456789abcdefg
+ 

efgabcdefg
+ 

defgabcdefg
= 

defgabcdefg
The Fragrant Oil Formula for the Pericardium Meridian

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The Oud Blend
(9.00 p.m. - 11.00 p.m.)

\textit{The Fragrant Oil Formula for the Thyroid Meridian}
The Patchouli Blend
(11.00 p.m. – 1.00 a.m.)

+ 

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The Fragrant Oil Formula for the Gallbladder Meridian
The Gardenia Blend
(1.00 a.m. - 3.00 a.m.)

The Fragrant Oil Formula
for the Liver Meridian